

AWAKENINGS



HEALING heARTS Community Center

SPIRITUAL
EVOLUTIONARY
STEPS

The Model

The model/concept I will be using I first learned from Dr. Bruce Lipton. I shouldn't have to explain who he is, so if you don't know look him up.

I would say about 9 years ago I came across a VHS tape. On it was a recording of a class he had taught. In the class he mentions the model I will be using.

I take it a little further that he did in his short explanation. I can't remember the name of video. If you know the title of the video that has the model I use, post it below. I haven't watched much of his new stuff, so I don't know if he goes into that anymore.

Anyway, check him out if you haven't already.
He is a **GREAT** teacher!

Vertebrates Evolution

FISH

AMPHIBIAN

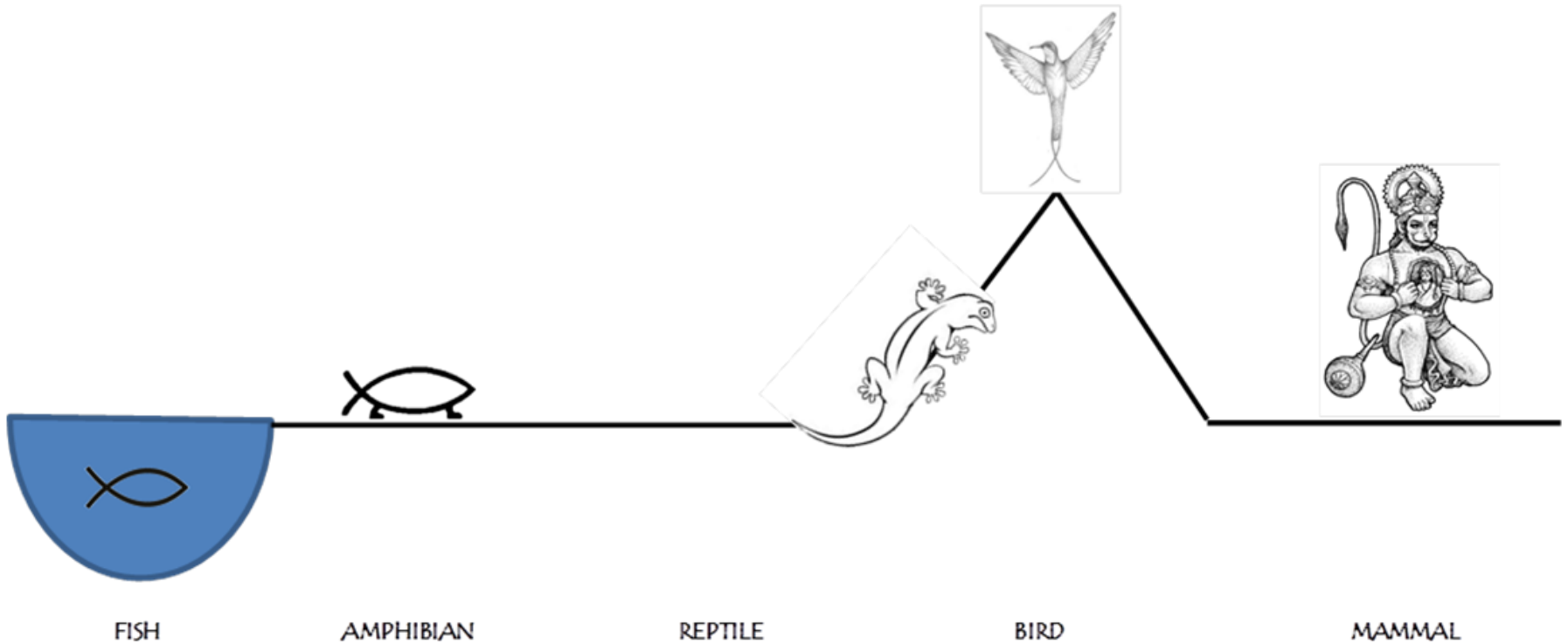
REPTILE

BIRD

MAMMAL

I am not saying these cycles are 100% accurate, but from my playing with this concept many things can be explained.

Five Stages



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Five Stages

FISH = Beginning of Life

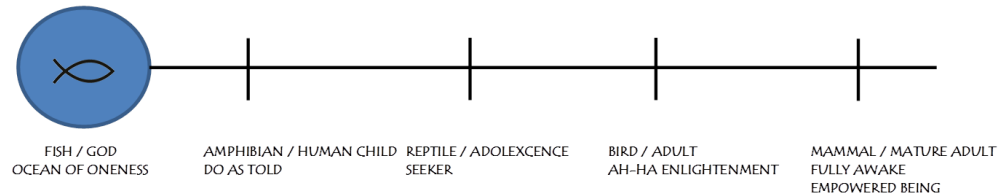
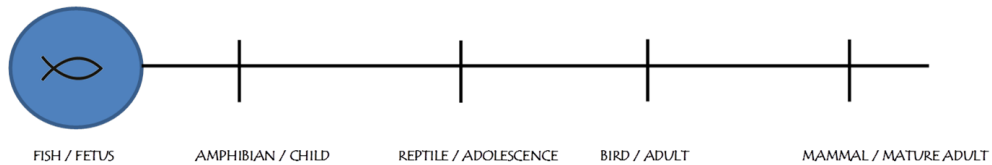
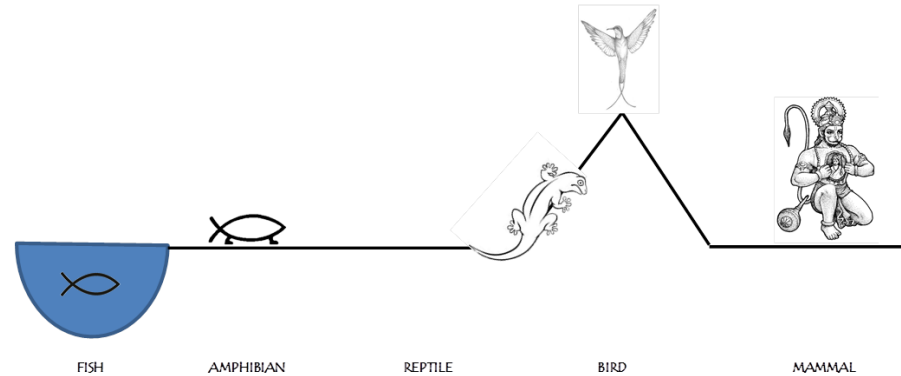
AMPHIBIAN = Developing Individual Consciousness

REPTILE = Seeking Power

BIRD = Major Awakening

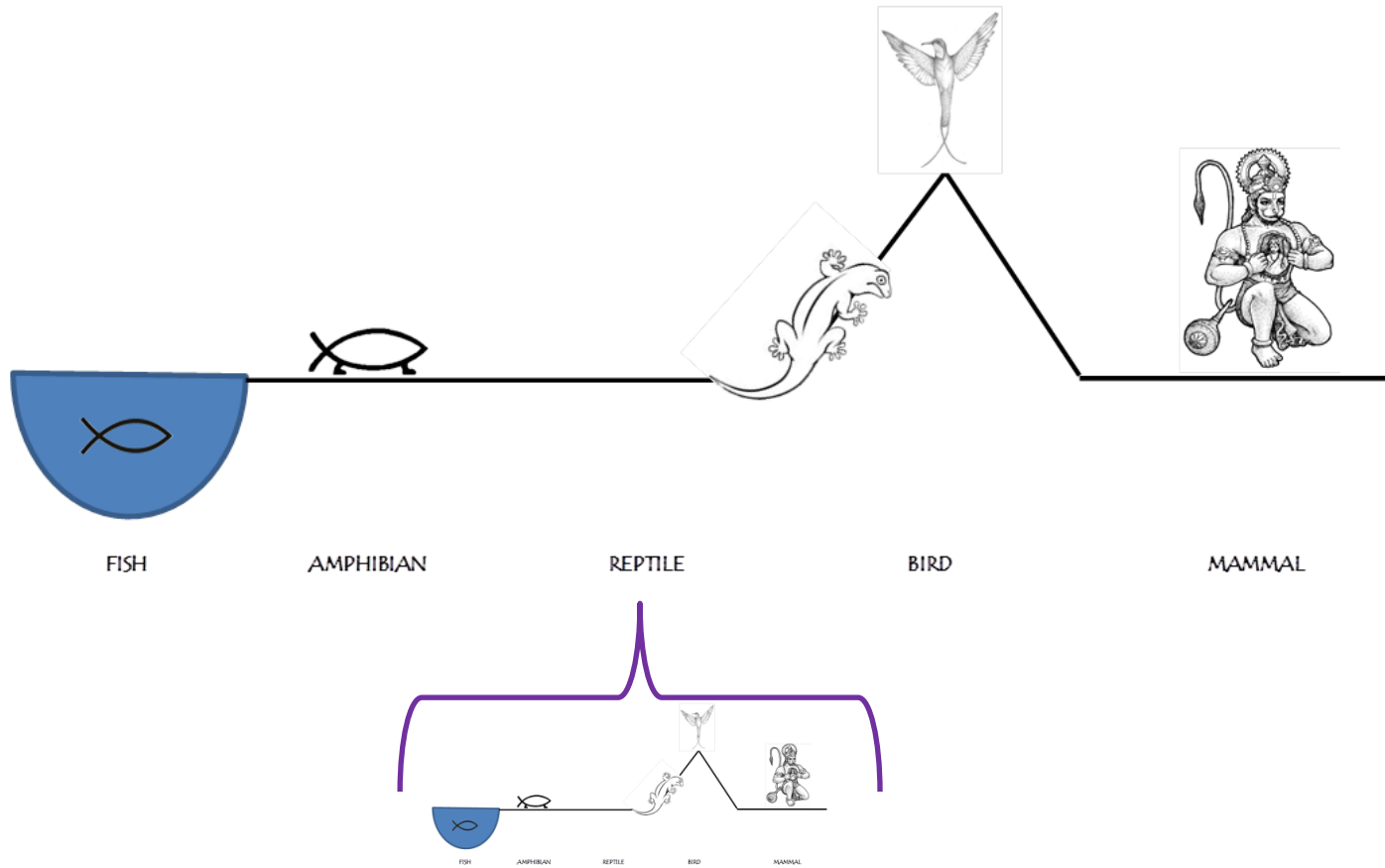
MAMMAL = Embodying the Awakening

Repeated Pattern



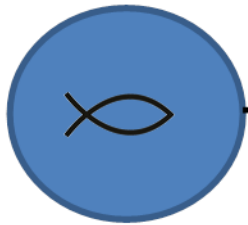
This 5 Stage pattern repeats in many aspects of life.
In a Human's development, in our Spiritual Maturation, and much more.

Fractal Nature of Stages



These cycles repeat over and over individually and within themselves. The reason being is that everything is a Fractal Hologram. Duplicate Patterns are everywhere in our reality.

Human Stages



FISH / FETUS

AMPHIBIAN / CHILD

REPTILE / ADOLESCENCE

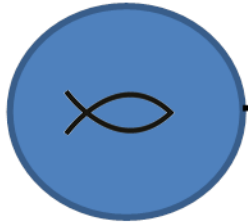
BIRD / ADULT

MAMMAL / MATURE ADULT

Dependent ----- Empowered

In the beginning you are in your Mother's water. After you are born you stay close to your Mother and Father, because they feed and protect you. You reach a point when it is time for you to leave the house (the nest) and seek your own fortune and fame. During your seeking you have a major awakening... an AH-HA. In the last stage, you incorporate all that you have learned and experienced with the AH-HA into the way you live life and work.

Fish Stage



FISH / FETUS

AMPHIBIAN / CHILD

REPTILE / ADOLESCENCE

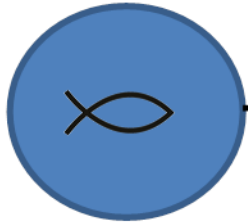
BIRD / ADULT

MAMMAL / MATURE ADULT

Dependent ----- Empowered

Your in the womb of life here! Everything is taken care of for you. You don't have to do anything, which is good because you have very limited awareness and consciousness.

Amphibian Stage



FISH / FETUS

AMPHIBIAN / CHILD

REPTILE / ADOLESCENCE

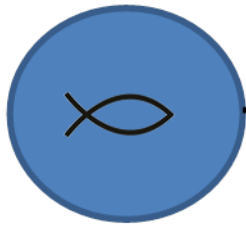
BIRD / ADULT

MAMMAL / MATURE ADULT

Dependent ----- Empowered

In this stage you are growing (expanding) on lots of different levels. However, you are still dependent upon that which you came from. As a result you are limited by “their” rules, and for good reason. Your limited consciousness, if not limited from the outside, may hurt you or someone else.

Reptile Stage



FISH / FETUS

AMPHIBIAN / CHILD

REPTILE / ADOLESCENCE

BIRD / ADULT

MAMMAL / MATURE ADULT

Dependent ----- Empowered

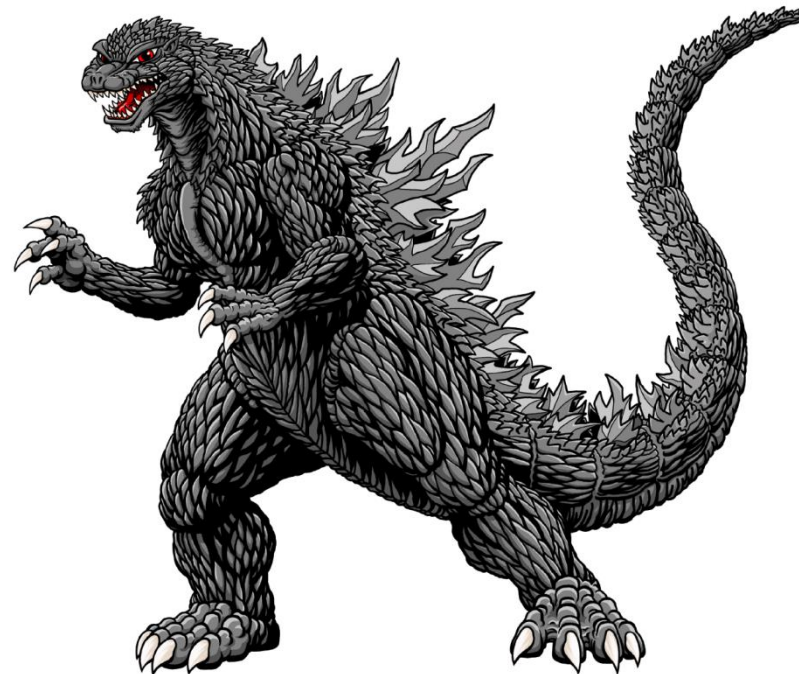
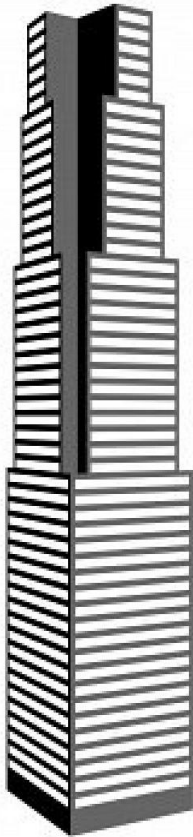
This is the seeking of knowledge and power stage, BUT it IS NOT the stage where true power is found.

Things like the Law of Attraction are found at this stage. However, it can't be used properly until one reaches the Mammal Stage.

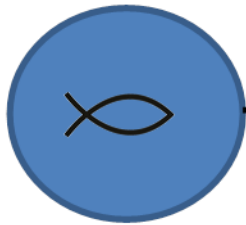
True Power is developed in the Mammal/Mature Soul Stage!

One fractal of the Reptile Stage of evolution is the dinosaurs. They grew but their brains didn't. They got too big for their brains and hearts!

Another is Corporations. In seeking power they tend to get too big for their breeches, and people suffer.



Bird Stage



FISH / FETUS

AMPHIBIAN / CHILD

REPTILE / ADOLESCENCE

BIRD / ADULT

MAMMAL / MATURE ADULT

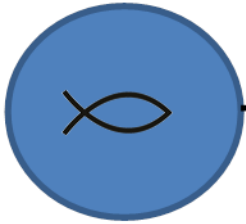
Dependent ----- Empowered

Now at the top of the mountain, you get the BIG picture. As you traveled up the mountain you understood more and more. However, those little ah-has are leading to the one big AH-HA that will make everything sense...all those other ah-has make sense. ALL the lights go on when get this AH-HA!

It has been described as Enlightenment. However, it isn't the last stage. Enlightenment isn't the end!

A fractal of the apex of the Bird Stage is Jesus' enlightenment after sending 40 day in the desert...in the Reptile Stage. Where do lizards thrive? In the desert! Another fractal is when we landed on the moon. The Bird's eye view propelled us into the Mammalian Stage. That is when all the "Go Green" movements first got started.

Mammal Stage



FISH / FETUS

AMPHIBIAN / CHILD

REPTILE / ADOLESCENCE

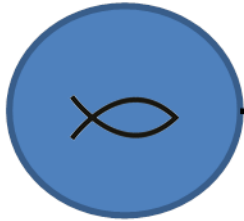
BIRD / ADULT

MAMMAL / MATURE ADULT

Dependent ----- Empowered

After getting the big AH-HA you
come back down to Earth...living and
working from your heart!

Spiritual Stages



FISH / GOD
OCEAN OF ONENESS

AMPHIBIAN / HUMAN CHILD
DO AS TOLD

REPTILE / ADOLESCENCE
SEEKER

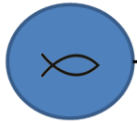
BIRD / ADULT
AH-HA ENLIGHTENMENT

MAMMAL / MATURE ADULT
FULLY AWAKE
EMPOWERED BEING

Dependent ----- Empowered

In the beginning you are in the Great Sea of Oneness...GOD. You take on a physical body, yet you stay close, worship and follow God, because GOD feeds and protects you. You reach a point when it is time for you to seek your own power...become independent. During your searching you travel far and high having many ah-has along the way until the one day when you have the mother of all AH-HAs. After this Awakening, you journey back down the mountain. As you go down the mountain you strive to own and embody what you have learned. When you touch back down, you enter the final stage where you are an ever present embodiment of Consciousness. 100% Conscious Awareness and Power resides in everything you Think, Say, Do, Feel and Will.

Religious or Spiritual



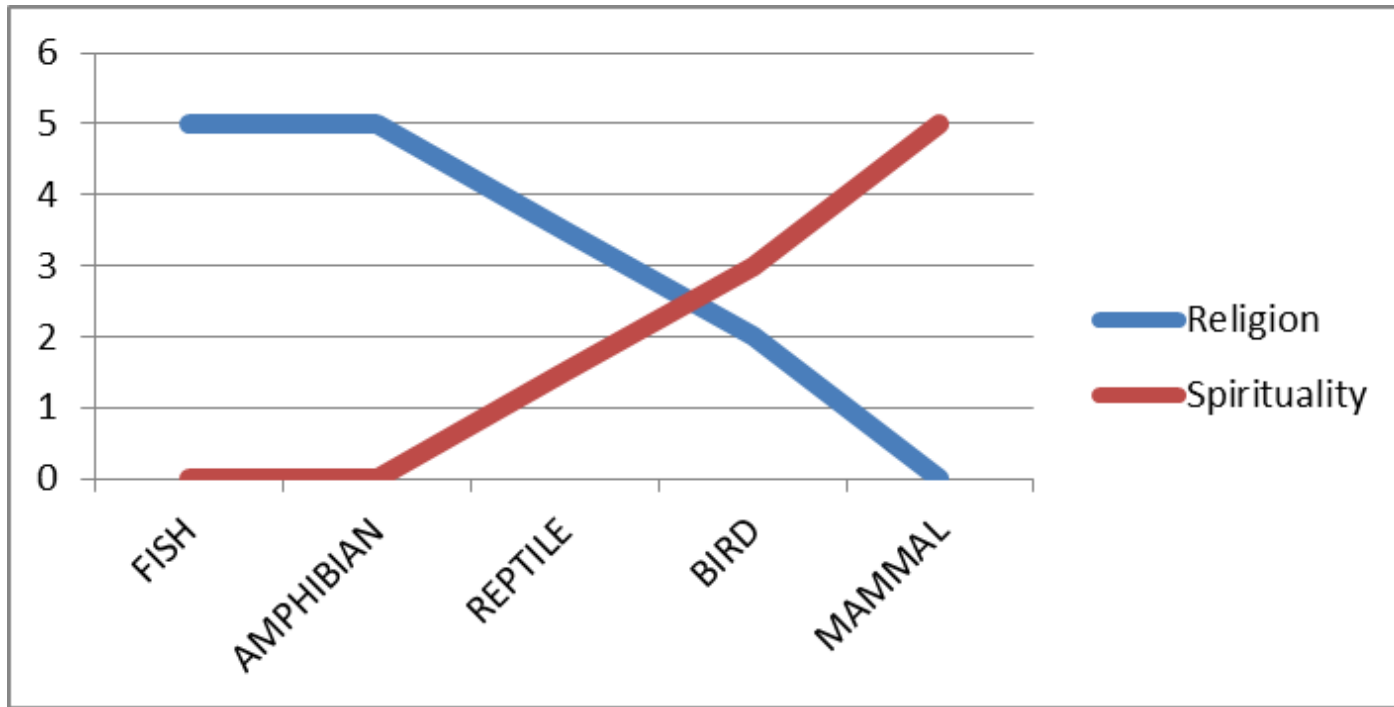
GOD
OCEAN OF ONENESS

CHILD
DO AS TOLD

ADOLESCENCE
SEEKER

BIRD
AH-HA ENLIGHTENMENT

MAMMAL
FULLY AWAKE
EMPOWERED BEING



As one proceeds through the stages Dependence is replaced with Empowerment...
Religion is replaced with Spirituality.

Religion or Spirituality

For me, Religion is like the cover of a book and the words within. It has symbols, labels, icons and decorations. Every religion has their own. Much like the symbols, labels, icons and decorations of gangs. Actually Religion Mentality is Gang Mentality, and that is any religion be it Baptist, Catholic, Pagan or Buddhist. and anything in between. This one say this, and that says that. Only their gang is going to heaven.

Spirituality is the power behind and within the words. A book can be burned...Spirituality **CANNOT!** Once one truly gets the message they embody the power, and no longer need the words as encouragement or reminders. A person who is truly spiritual needs nothing outside of themselves...no symbol/amulet, angel, deity or stone. They are it! They are in direct communication/partnership with Source.

There is nothing wrong with using something outside yourself like a crystal. As long as you see the for what they are. Otherwise, they become affirmations of "I myself am not strong." One more thing to think about regarding such items; it is one's belief in them that gives them the power or better said authorization to work.

Also, in a Spiritual being concepts like judgment, sin and karma no longer live in their mind parasitically feeding off of their soul.

Religion or Spirituality

Religion = I lump Baptist to Zen Buddhist in this group. It contains the rules and guidelines (dogma) "needed" to living a righteous life. However, these rules have been misinterpreted by the human thirsty amphibian mind. The focus is usually on sin, error, judgment and Karma.

A Religious Being is ignorant of Self. This is not a judgment, but a statement. They need rules and guidance that come from outside of them so that they may live an upright life.

Spiritual = The focus is on understanding and acceptance of ALL. No one owes anyone. One's life is lived respecting and honoring all life no matter what color, gender, sexual preference or religion practiced (key word being practiced).

A Spiritual Being lives life with the hard earned Inner Wisdom of Self, the TAO (nature of reality...the natural order of things) and God. They appropriately self-govern their thoughts, feelings and actions.

Let me ask you a few questions.

Why do people have children?

For one, it is just Natural. In sync with and the natural flow of the TAO.

I am sure there are plenty of low level reasons for having children, but taking this beyond the human level...what do you think?

Do people have children so that they can be worshiped, or is it more about spreading the LOVE...having someone to share with?

And...would you want those children to be drones, like 'Yes men' in a big dinosaur corporation, or would you want them all to have their own individual personality, beauty and spirit that you could interact with, play with and enjoy?

I am glad I live in the period I do, and I'm sure there is good reason for that. The reason I say that is that what I am about to say would have gotten me hung, burned or drawn and quartered in the not so distant past.

God did NOT create you to worship God! Some extremely thirsty amphibians told us otherwise.

God created you to spread the LOVE ...to have beings that God could be in relationship with!!!

Think about it, if you were all by yourself hanging out in nothingness, what would you want?

SO WHERE ARE YOU ON YOUR
JOURNEY?

THERE IS NO JUDGMENT IN WHERE
YOU ARE.

YOU HAVE PLENTY OF
TIME... ETERNITY TO BE EXACT.

BE GENTLE WITH YOURSELF AND
OTHER WHILE AT THE SAME TIME
PUSH FORWARD!

I honor that place in you
Where when you are in that place in you
and I am in that place in me
WE ARE ONE!

We are made of the same Star stuff, we breathe
the same Air, walk on the same Earth and drink the
same Water.

NAMASTE

AWAKENINGS

Mind-Body-Spirit Alignment



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www.DivineSourceCode.com