

AWAKENINGS

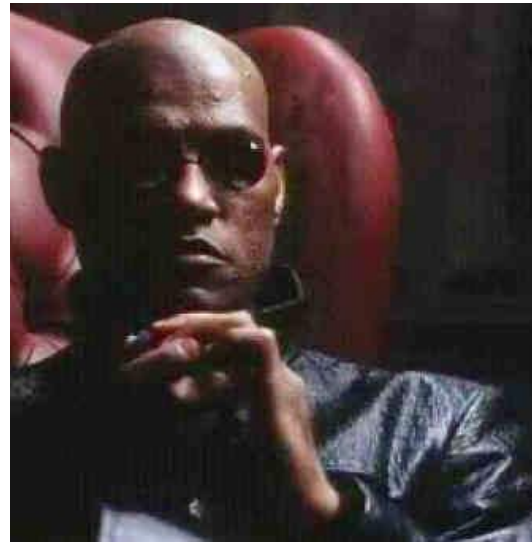


Healing heARTS Community Center

Doing the Hollow-Gram Grok

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Do You Really Want to Know What the Hollow-Gram is?



“Do you want to know what it is? The matrix is everywhere, its all around us, even now in this very room. You can see it when you look out your window or when you turn your TV. You can feel it when you go to work, when you go to church, when you pay your taxes. It is the world that has been pulled over your eyes to blind you from the truth.

This is your last chance. After this there is no turning back. You take the blue pill the story ends. You wake up in bed and believe whatever you want to believe. You take the red pill you stay in Wonderland and I show you how deep the rabbit hole goes.”

What is a Hollow-Gram?

Wikipedia: “Holography (from the Greek ὅλος hólos, “whole” + γραφή grafē, “writing, drawing”) is a technique which enables three-dimensional images to be made. It involves the use of a laser, interference, diffraction, light intensity recording and suitable illumination of the recording. The image changes as the position and orientation of the viewing system changes in exactly the same way as if the object were still present, thus making the image appear three-dimensional.

The holographic recording itself is not an image; it consists of an apparently random structure of either varying intensity, density or profile.”

What is a Hollow-Gram?

A hologram is basically information stored on/in a medium. There can be many images (inFORMATION) in a holographic media. What appears out of the hologram is the part highlighted by the angle, type and intensity of light.

You could say the angles, types and intensities of light are our opinions, perceptions, beliefs, judgments and expectations!

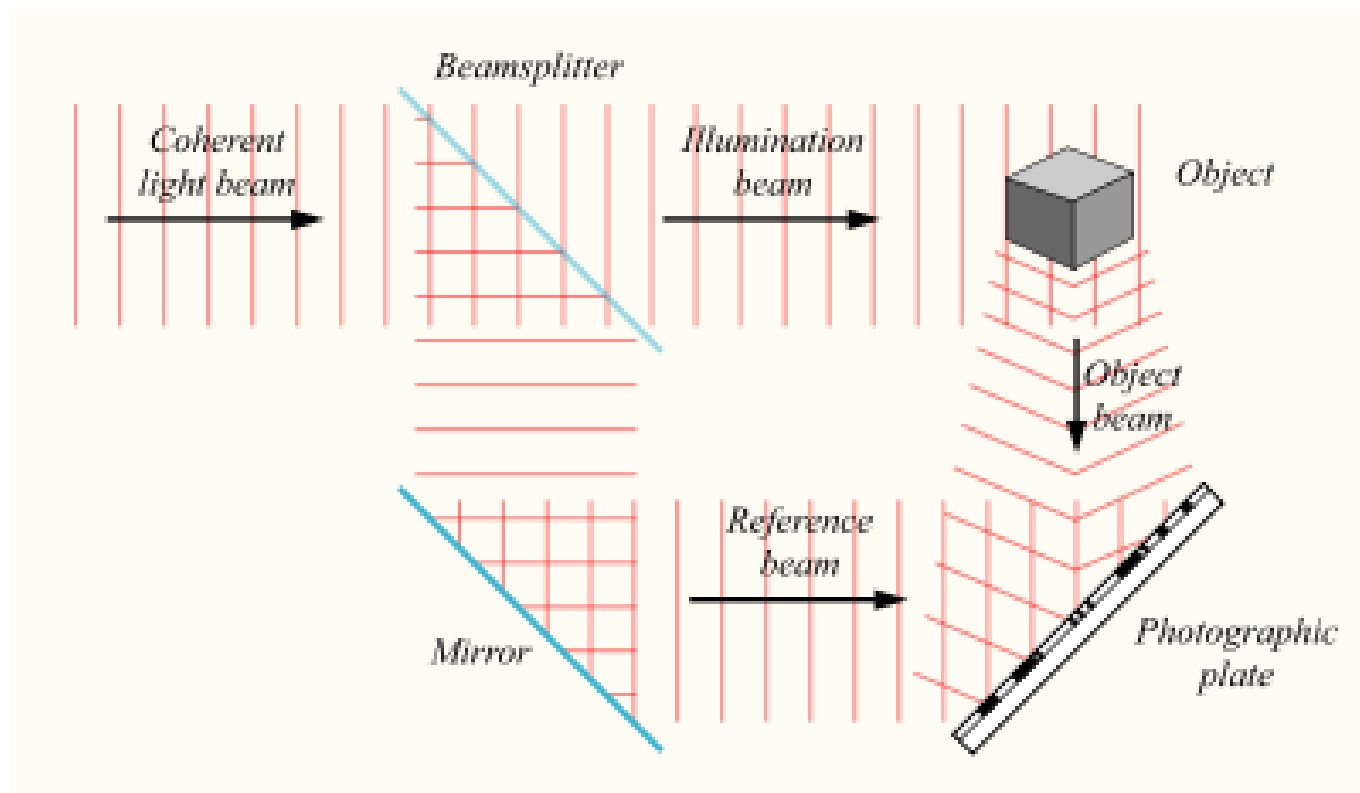
Quantum Physics has proved that more than 90% of the physical world is empty space.

That is why I call it the Hologram the Hollow-Gram.

-Infinite inFORMATION in VIRTUALLY empty space. -

Infinite inFORMATION is stored in VIRTUALLY empty space. This information is then accessed and activated by our opinions, perceptions, beliefs, judgments and expectations.

How Is a Hologram Recorded/Created?

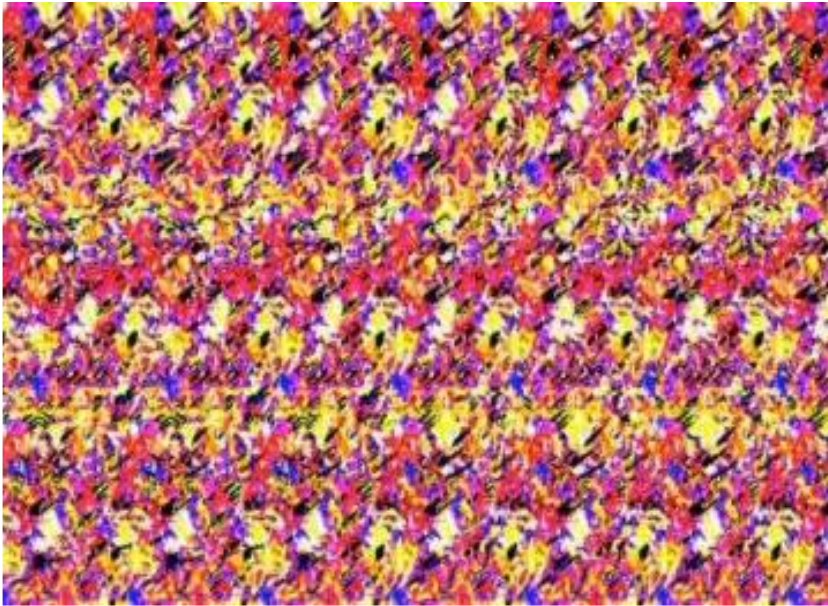


A laser beam is shot out, and split in two by a Beamsplitter.

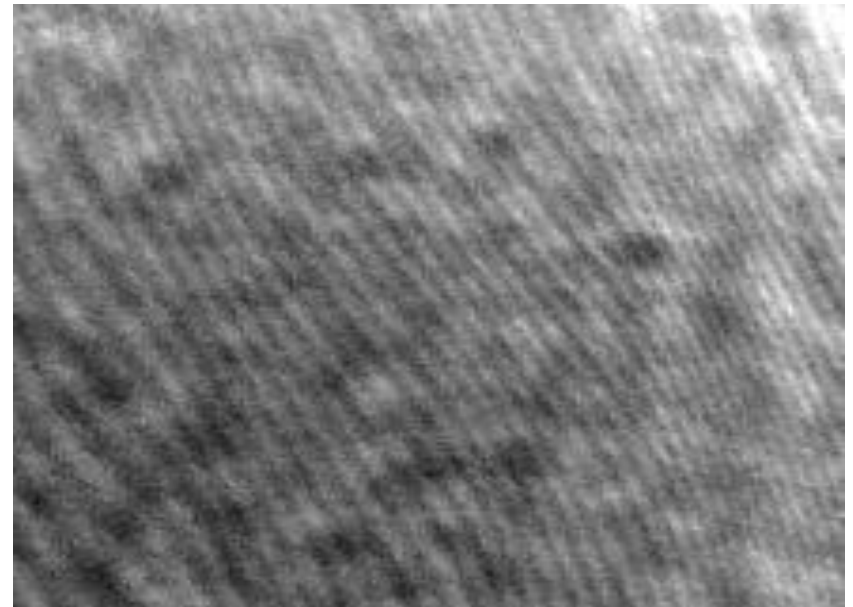
One part of the Beam (called a Reference Beam) is directed to a recording media (usually a plate).

The second part of the split Beam hits and bounces off an object, and is directed to the same recording media as the first half of the Beam.

How Is a Hologram is Recorded/ Created?

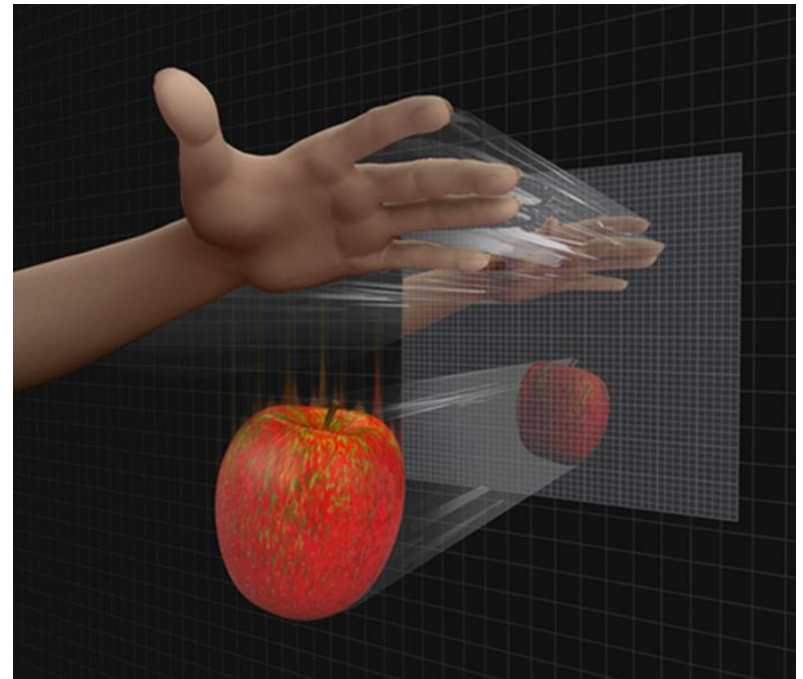
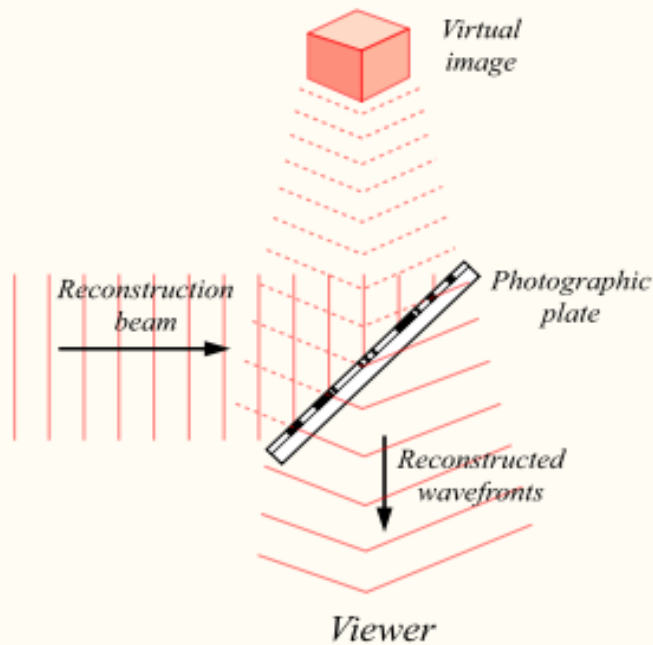


What you are left with is a 2D medium that has been imprinted with information.



Close-up photograph of a hologram's surface. The object in the hologram is a toy van. It is no more possible to discern the subject of a hologram from this pattern than it is to identify what music has been recorded by looking at a CD surface.

How to Bring a Hollow-Gram to Life



Light is needed in order to see a Hollow-Gram imprinted in a particular media. For example: squinting your eyes (adjusting the light) with those 3D books, or using a laser to read in inFORMATION on a CD.

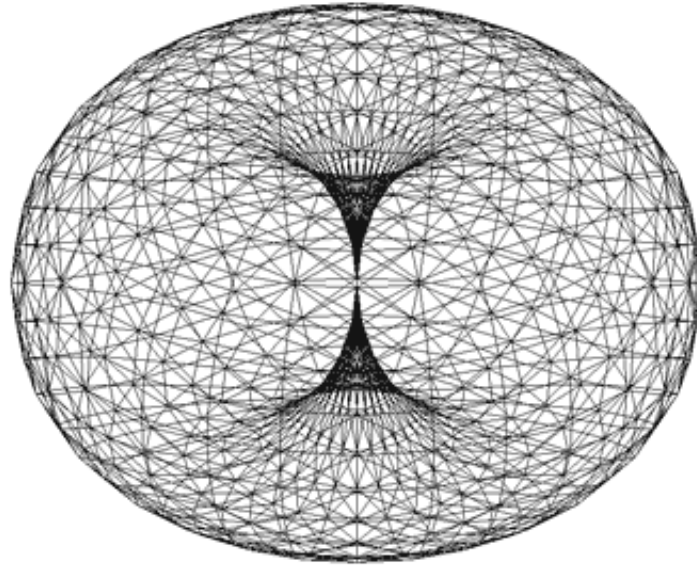
In Metaphysical terms, that light is one's consciousness.

How to Bring a Hollow-Gram to Life

These two photos were taken of a Hollow-gram from 2 different angles.



Going Beyond 2D Media



What if all the “empty” space out there is the Hollow-Gram...the recording media that all inFORMATION is stored in and the physical world is pulled out of?

I believe Nassim Hamein found...and best describes the Hollow-Gram, The Field, The Matrix construct. He at least verified what I had found in my study of the Chakra System...I found his inFORMATION trying to find images for a class I was doing.

Nassim HaraMein

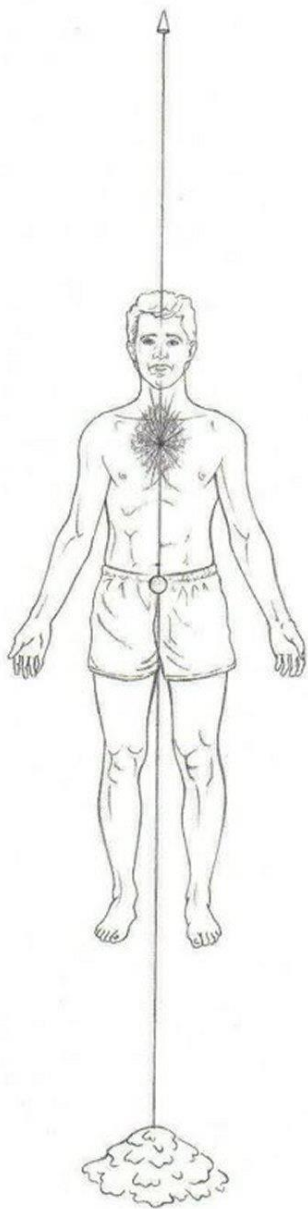
nass|'m Hara-Me-In

Nassim's name is an example of the infinite inFORMation embedded in the Hollow-Gram.

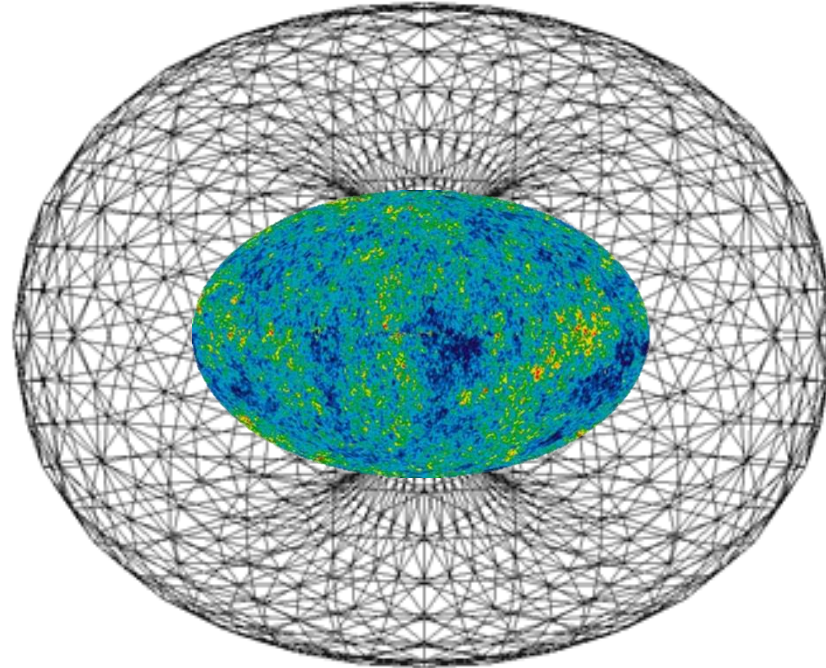
The Hara Dimension

Even deeper than the human energy field and the chakras is the Hara line. This is a place of deep calm due to the fact that it is a **zero-point energy field**, apparently lacking magnetic polarity. According to Brennan, the Hara line is a **solid pole of intentionality** that runs vertically through the center of the human body connecting us upwardly to the sky and downwardly to the center of the earth. When working with a person's Hara line, Brennan tries to connect that person's intentionality with the center of the earth in order to foster a calm and grounded feeling.

According to Brennan, the Hara dimension is associated with human intentionality and our soul's incarnational task to be accomplished in this body and lifetime. Brennan emphasized that the energy that she sees in the HEF is never separate from a person's thoughts and feelings. For example, when someone's mind is feeling calm and positive that will be reflected in their HEF. In fact, everything a person experiences has a correlation in their HEF. Every thought, feeling, sensation, and emotion can be seen in the field. Brennan noted that when she looks at the HEF, **she sees much more information than she could ever possibly communicate.** The HEF is robust with information and activity. Brennan also pointed out that most healers work with the HEF without the ability to perceive it and many do not understand the functional relationship between the Hara and the HEF. This discrepancy sometimes has led to confusion amongst those who are trying to understand the energetic basis of healing.



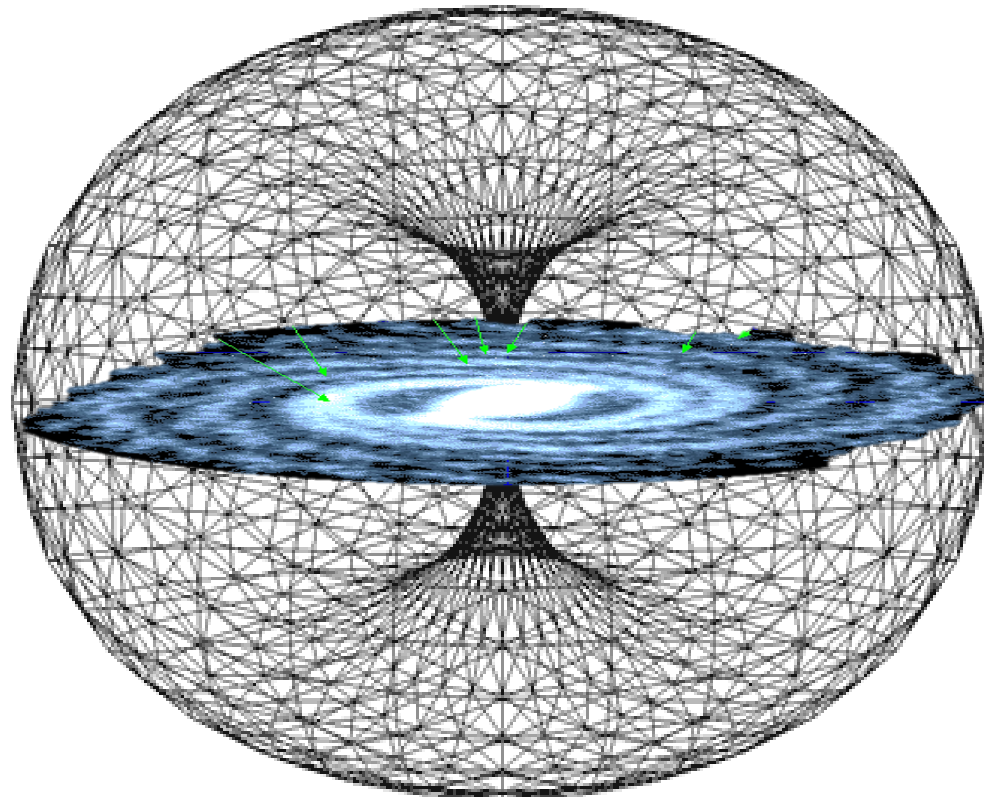
This Black-Hole Pattern is Around ALL Life-Forms



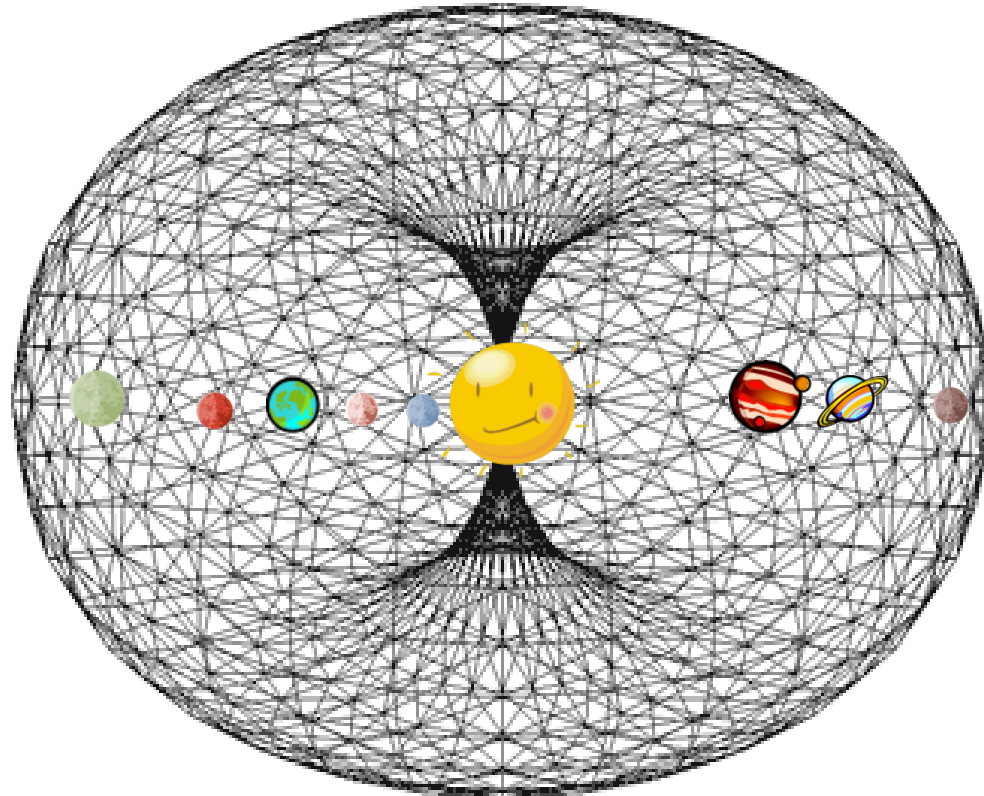
This torus shaped **UNI-VERSE** as a Black-Whole/White-Whole singularity at the Centre of a dynamic system, of expansion and contraction, bound by its own equilibrium, creating infinite potential within a finite boundary.

The Multiverse! Infinite possibilities and experiences!

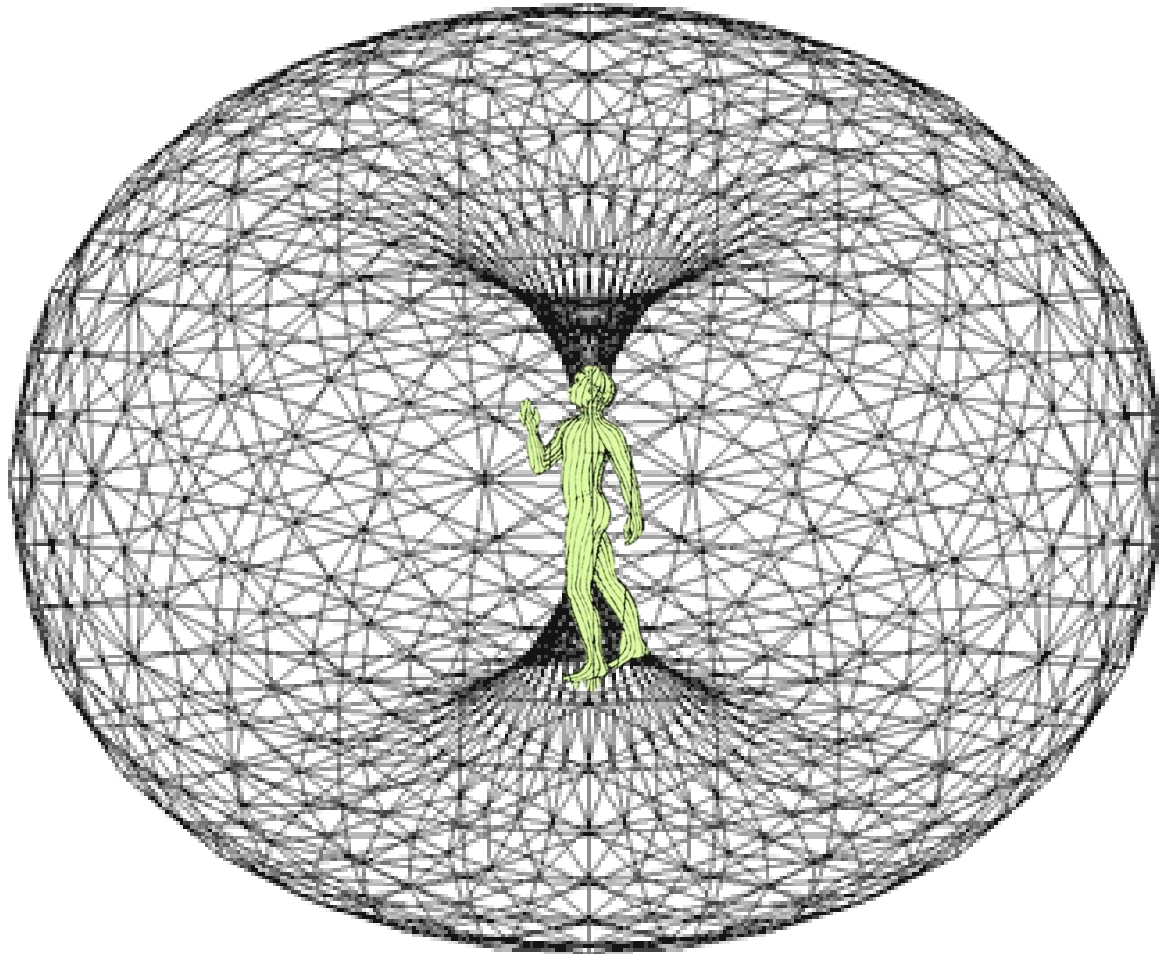
Our Galaxy



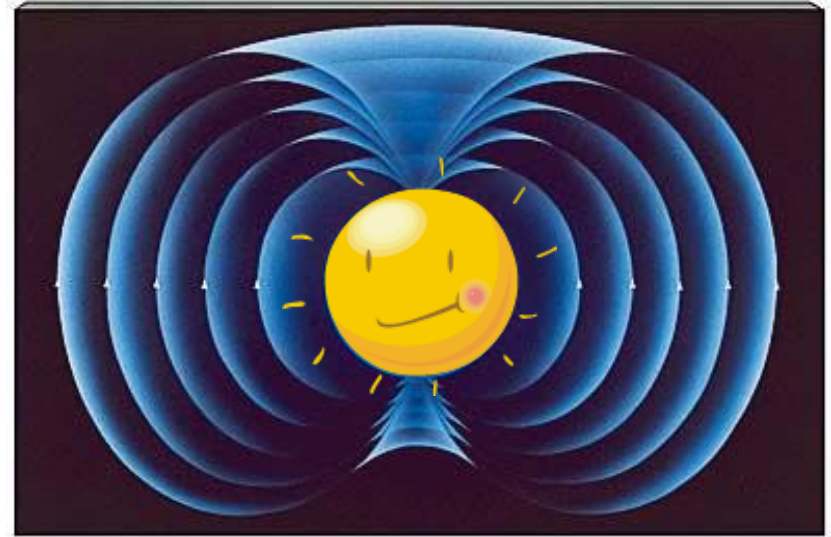
Our SOUL-are System



Our Bodies



Wheels Within Wheels

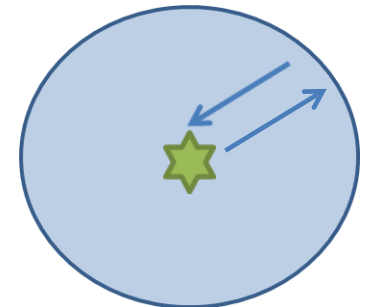
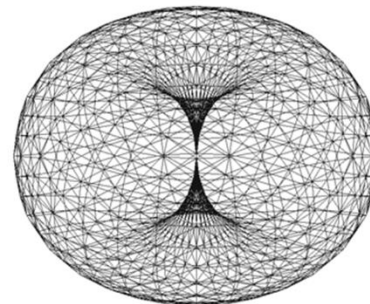
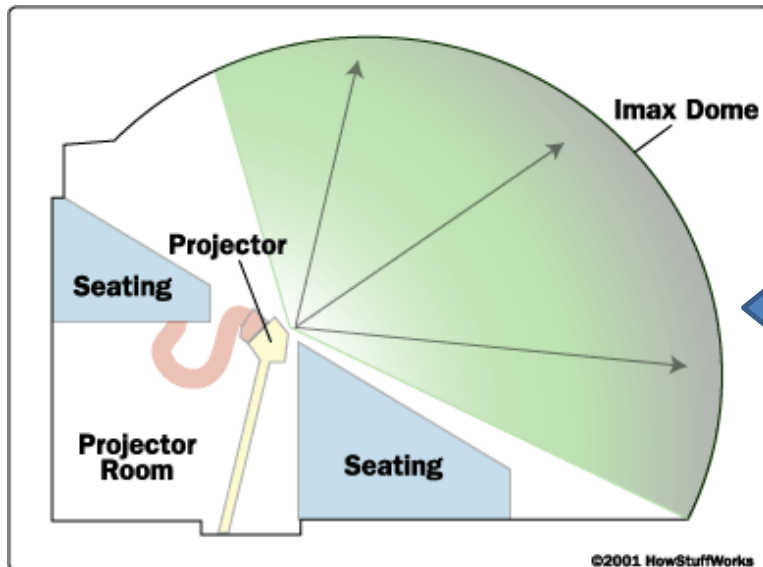


It is a lot like Russian nesting dolls. It goes in just as far in as it does out!

I-Max Hollow-Gram

You could say that the great I-MAX in the sky is beaming out into the Multi-Verse...the Hollow-Gram a myriad of experiences to be had.

We are sitting in the seats and having an individual experience based on where our EYE focuses, which is based on our opinions, perceptions, beliefs, judgments and expectations.



I-Max Hollow-Gram

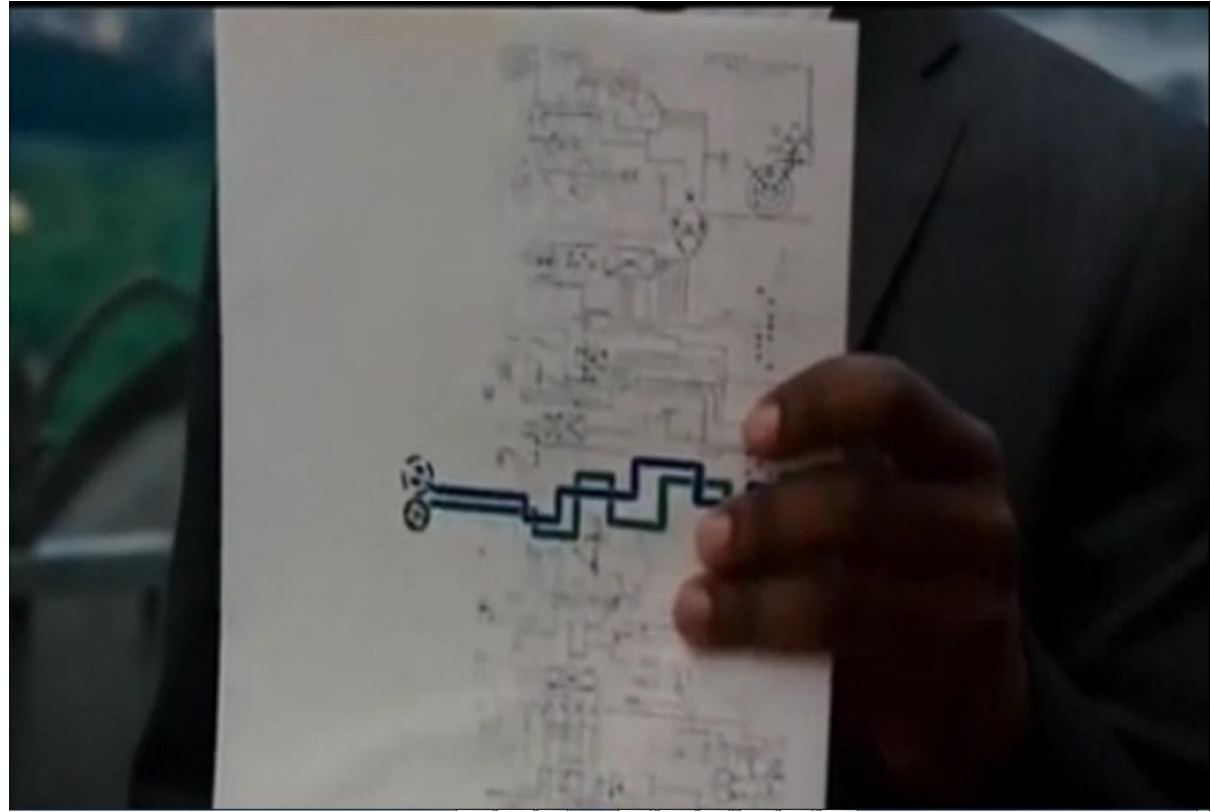
Hyperdimensional Self



Hologram

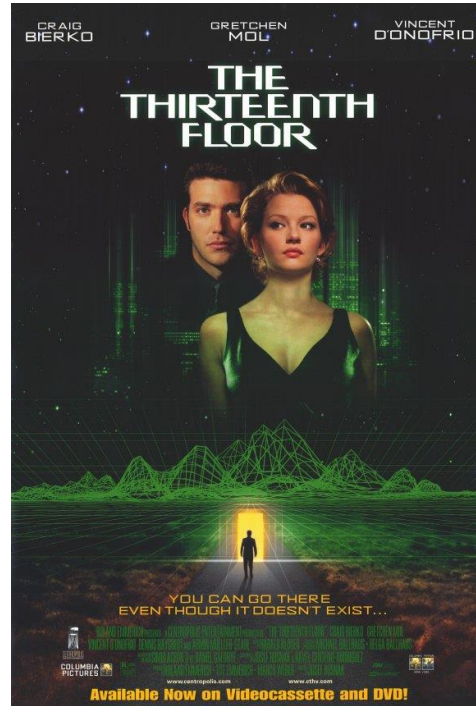
My Introduction to the Game Model

The I-Max Theatre can be seen as an ENTERactive Game.



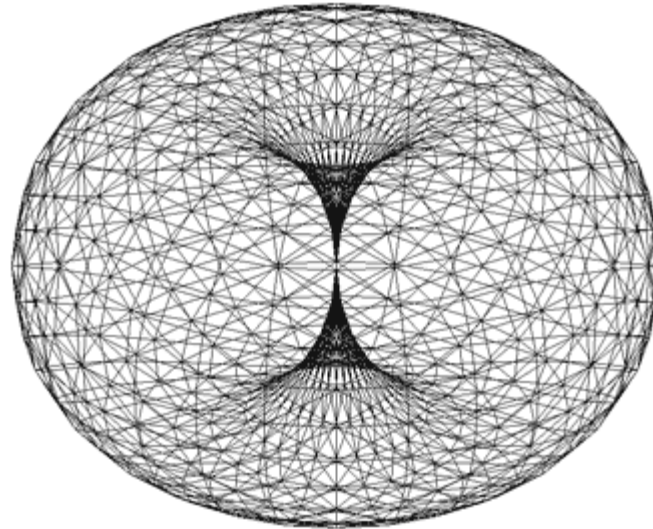
I get most of my inFORMation from the Hollow-Gram aka the Matrix aka the Infinite Field through movies. This movie was the beginning of a HUGE shift of perception within me.

This Movie Brings it ALL Home



I recommend you check it out even if you have already seen it! You may get a little something extra from it after sitting through this presentation.

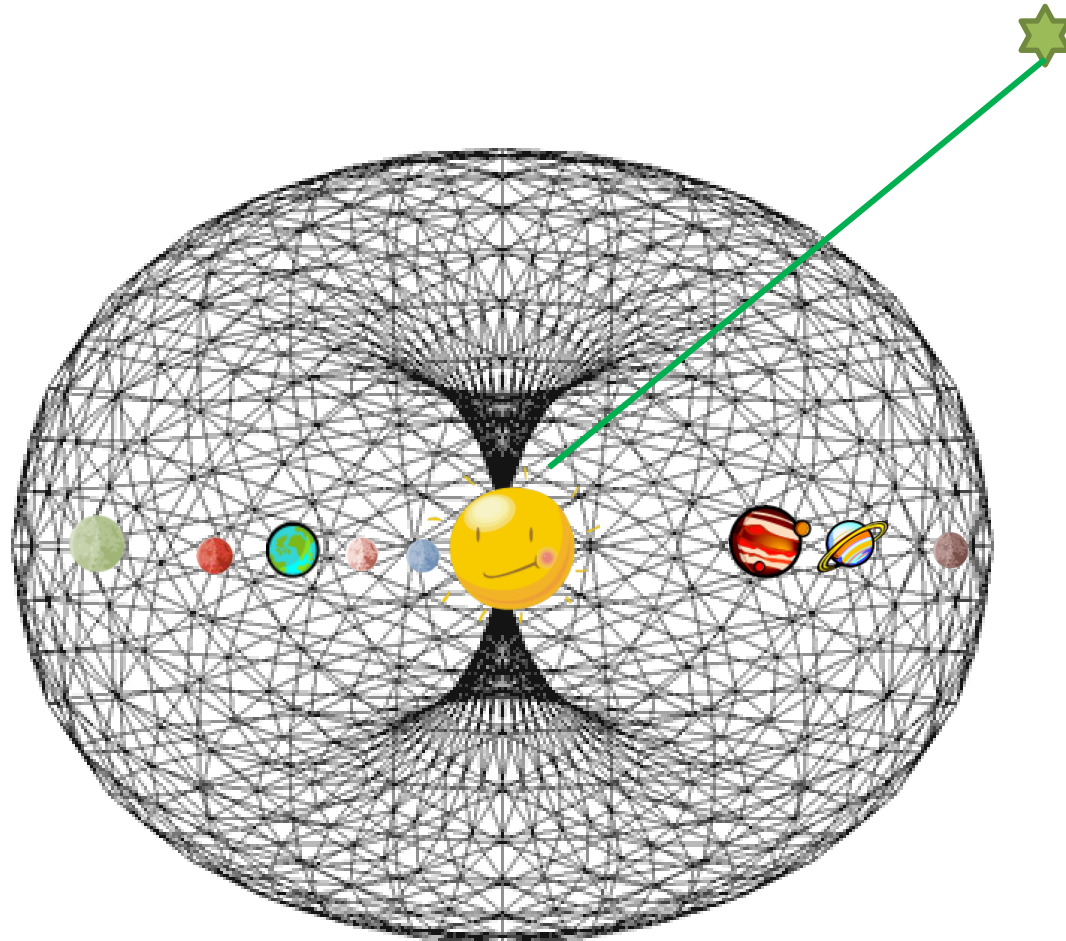
Where do You Fit Into ALL of This?



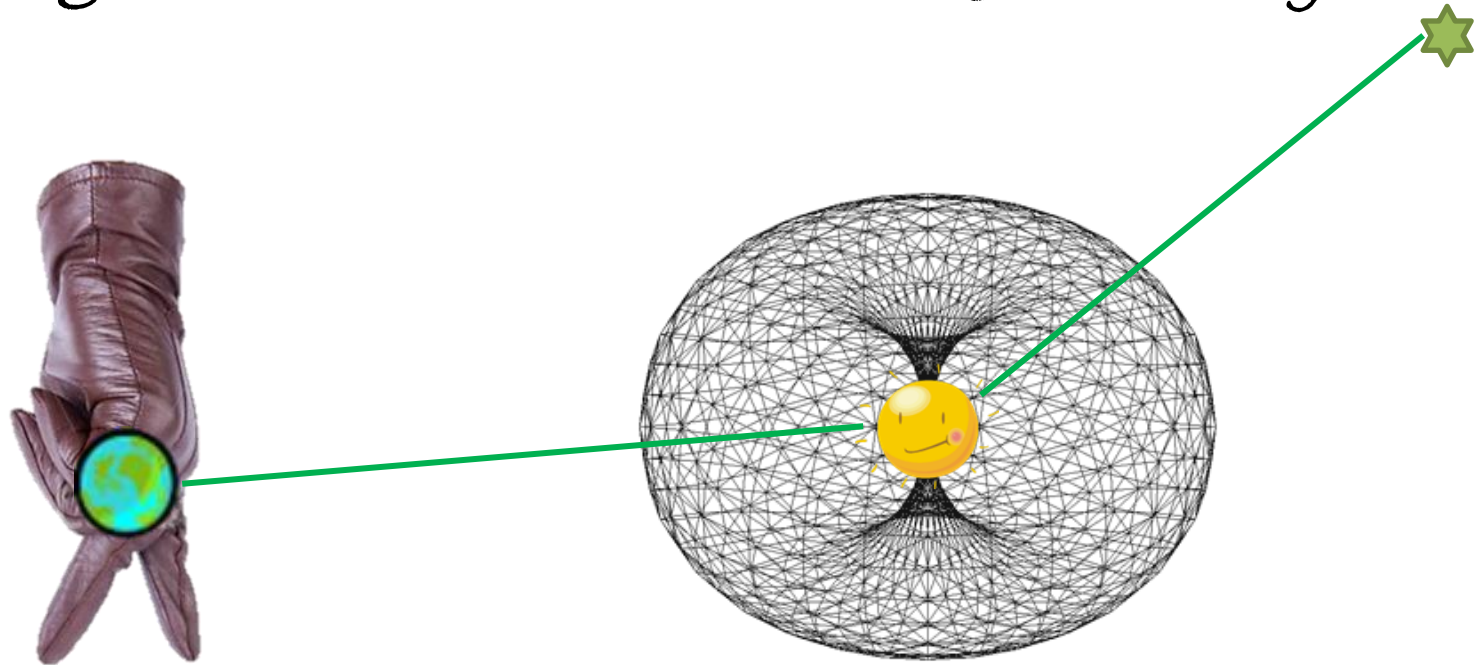
The shape of the Hollow-Gram is called a Toroidal Field.
Break it down and you get Toro-Dial...as in **Round-Dial!**

“E.T. phone home!”

Creating a Soul in and from the I-Max Hollow-Graphic SOUL-are System



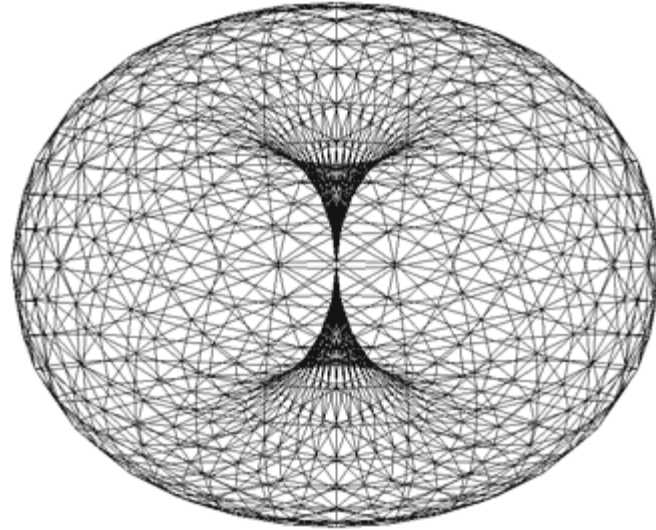
Creating a Soul in and from the SOUL-are System



In essence, we beam part of ourselves into a limiting reality to play, experience and grow (expand in awareness). It is kinda like using a pair of gloves to perform some specific action. The gloves are something you put part of you in, but they aren't you. One's Natal Astrology Chart explains your glove.

I could go a couple of ways from here. I am choosing to stay focused on how this inFORMation may help you, so.....

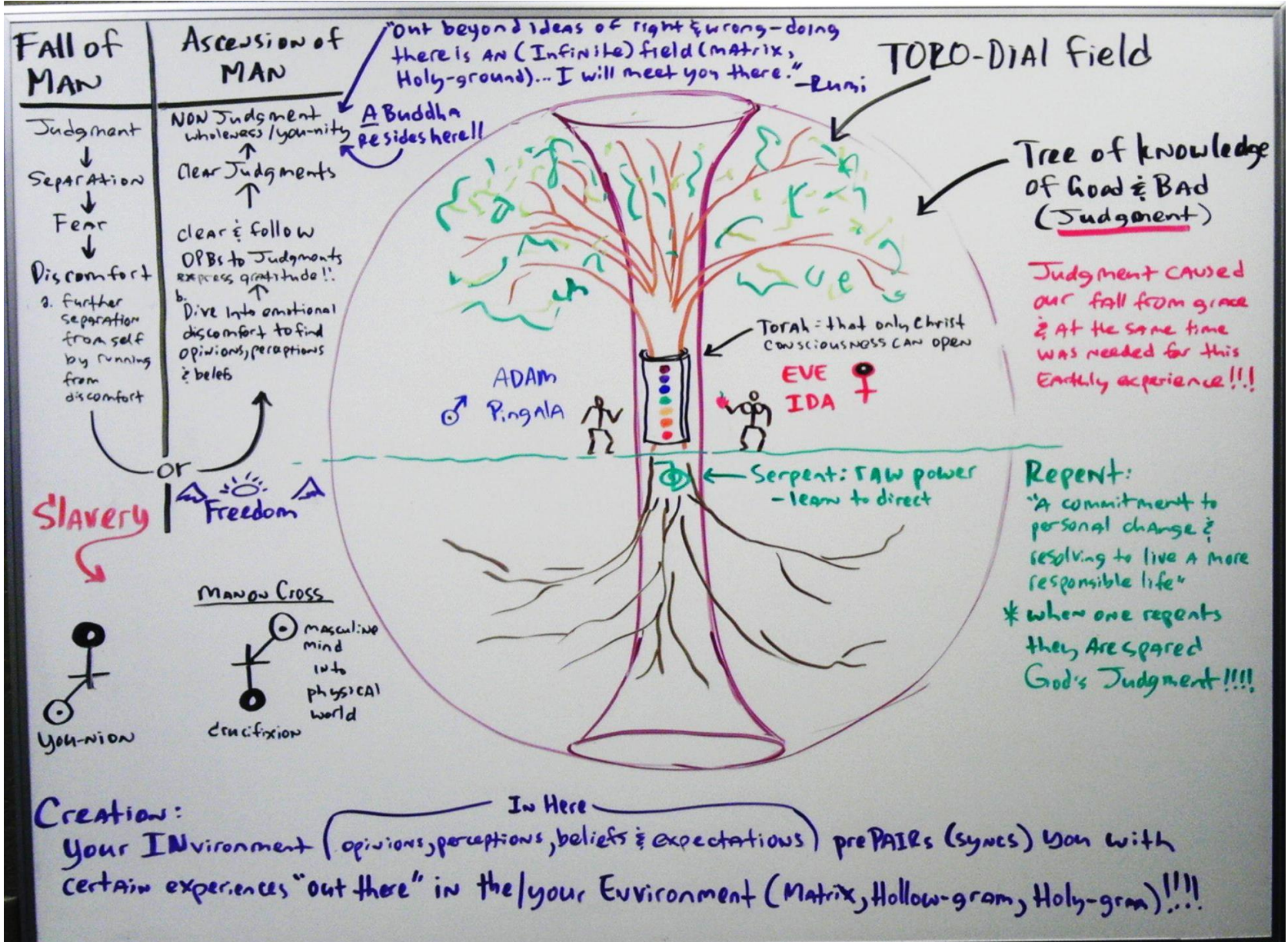
Where do You Fit Into ALL of This?



Just as the Toro-Dial Field is used over and over to create reality, so too is the same mathematics used. This means if we live in a Hollow-Gram we would see repeated patterns everywhere.

We do! The Fibonacci Sequence is just one example of many. However, I want to stay with the Toro-Dial Field to show you how the story of Adam and Eve found in the TORAH is a mathematical code which may explain why we are here and help lead us home.

The sOURce Code Within Our Toro-Dial Field



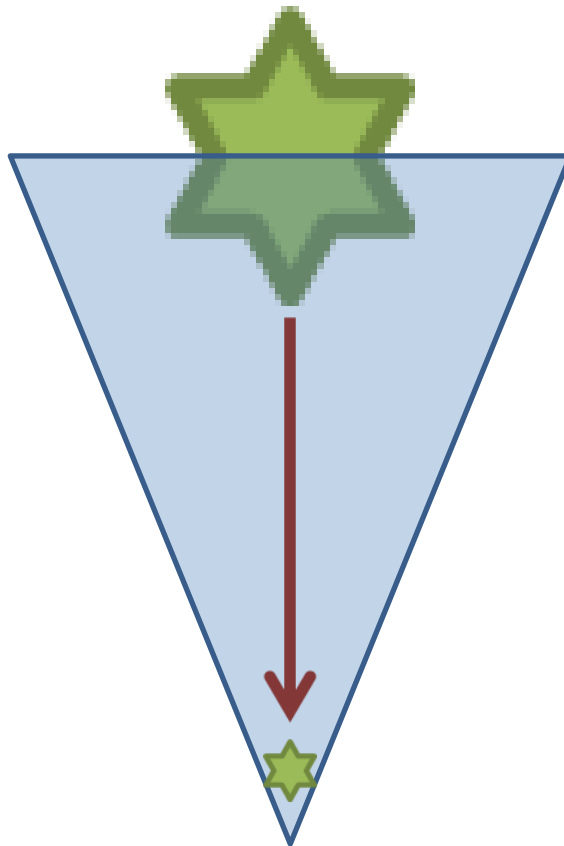
Inception



This movie actually tells you how the Hollow-gram works for the most part, and gives you a look at the multiple layers of reality and a personality.

Contraction aka Limitation

We purposely go into limitation in order to have experiences to growth (expand in consciousness). We give our power away going DOWN.



Don't Know Which Way is UP or DOWN

Going DOWN - Fall of Man

Going UP - Ascension

Judgment



Separation



Fear



Discomfort



SLAVERY



FREEDOM



Judgment



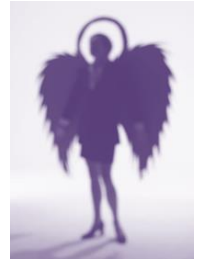
Separation



Fear

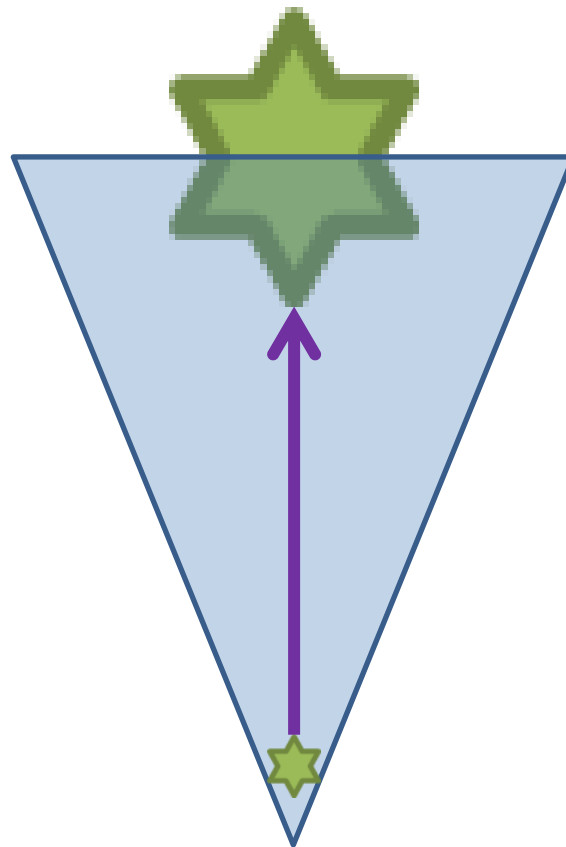


Discomfort



Expansion aka Ascension

This starts when we change the way we play the game, which to do with facing discomfort, clearing our opinions, beliefs and judgments. Until then we are locked into certain rules, like in the movie adjustment Bureau. However, in the end of the movie...you'll just have to see the movie.



On the way UP we are to take back any power we gave the movie...the game..."Out There."

Going UP!

Non-Judgment / Ascension



Judgments (Fall from Grace)



Opinions, Perceptions, Beliefs & Expectations = Have-To's



Discomfort (Physical, Emotional & Mental)

This can be a little confusing. We have discomfort when we are avoiding discomfort. However, in our minds the discomfort we are avoiding seems worse, so we are willing to stay in the discomfort we are currently feeling.

The discomfort we need to go into is the discomfort we are AVOIDING!

Which Way are You going?

Going DOWN you follow **fear**.

Here you follow old programming (opinions, perceptions, beliefs, judgments and expectations). All programming creates 'Have Tos'...which an infinite being would reject.

Going UP you follow your **excitement and bliss**.

In other words, you can tell when you are on the up swing because "Have To's" are far and few between if. You only do what you feel in the moment and life flows.

The best way I can put it is: look at the discomfort in your life as sign posts telling you where you are headed DOWN and have the needle stuck on the record (round and round we go) and remove the beam causing the cycle and THEN relax into what comes.

War is on the DOWN side. The only way war will disappear from your experience is when you are done with it. The ONLY reason we experience bad feeling, war etc. are because of our opinions, perceptions, beliefs, judgments and expectations lock us into certain behavior (out going) and experiences (in-coming from the out-going)!! Everyone has freewill. Just because you are done with war doesn't mean other people are. For me this proves or shows the need for a multiYOUiverse.

Other Clues from the Collective/Hollow-Gram



It just so happens that at this time in my life there is a remake of the movie Total Recall. I haven't seen the new one, but I did see the old one with Arnold.

Basically, it is about someone who doesn't know who he really is, and by having a **VIRTUAL** experience begins to **AWAKEN** to who he truly is and choices he will have to make. There's not much of a better way to sum up the Game Model.

Nines



I liked this movie. It had Number Codes, Multiple Realities and Simultaneous Lives within its plot. The end of the Movie may actually be a fairly accurate explanation of what is really going on...at least from the lead character's point of view.

Remember the number 9 is the number of completion!

My Shifts

1. If everyone has chosen their experiences than I am not responsible for what they experience. It's not that I don't do anything or ignore people in need. There is just not an unhealthy aspect to it anymore, because I do what feels good to me which leaves any negativity out of it
2. If everyone has chosen their experiences than one is not better and right from another if in the end experiencing and expansion have taken place. There is no right and wrong. I am not here to save the world. She is perfect as she is.

What does the Bible say the purpose for being is?

Can there ever be complete peace?

Maybe there is a realm for that but I don't think it is here.

My Shifts

3. Things like Karma and Enlightenment belong on the DOWN/Fear side. They don't exist on the UP side. Karma can stand for a few things, which changes the whole picture of Karma. For me CARma is the sum of one's opinions, perceptions, beliefs, judgments and expectations, which were created by so called "past experiences" and that which DRIVES one's life experiences. However, CARma is not about past actions that one must make amends or be forgiven for, BECAUSE EVERY EXPERIENCE leads to expansion of consciousness which is the name of the game. CARma is all the opinions, perceptions, beliefs, judgments and expectations we collected and beam out into the world. To end one's CARma is to simply stop beaming the same Bull-Hockey. That is it...no need to fall on one's sword.

Say you go to see a movie. During the movie you feel anger and sadness. Would you be angry at the actors for causing you discomfort? You would probably admire their performance. Well, it really isn't all that different in the movie you call "My Life."

4. No one has complete control if their CARma (in the true sense) is beaming Bull-Hockey into the Hollow-gram which comes back to us.

Starting Your Upswing

1. What discomfort, physical, mental and/or emotional, are you avoiding?
2. What might your opinions, perceptions, beliefs (Direct and Bridge) and expectations (Have-To's) be on this discomfort?
3. What are possible Judgments that would lead to these opinions, beliefs, perceptions and expectations?
4. Express gratitude for the people (players) and experiences in your life movie.
5. State new awareness to operate from!

Starting Your Upswing

1. What is the Issue, Current Discomfort and Discomfort you are avoiding:
Issue (current is-YOU) ___ Relationship _____

Current Discomfort (physical, mental & emotional): ___ Irritated with all the thing I have to do _____

Discomfort I am Avoiding: ___ Standing up and expressing what I need in the relationship, which might lead to the end of the relationship _____

2. What Opinions, Perceptions, Beliefs (Direct & Bridge) and Expectations (Have-To's) do you have regarding this issue and discomfort?

___ Good/spiritual people sacrifice their needs for others = ___ I have to take care of others _____

___ It is my duty to take care of others = ___ I have to take care of others _____

___ My needs are not as important as others = ___ I have to care more about others _____

___ I can't ask for help + ___ I have to do it all myself _____

3. What are possible Judgments that would lead to these opinions, beliefs, perceptions and expectations you have around this is-YOU? ___ Good/Spiritual people only give. ___ It is better to receive than give _____

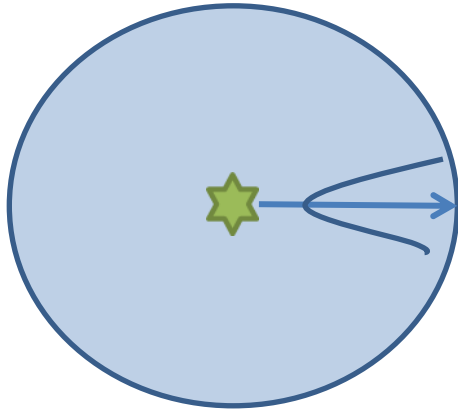
4. Express gratitude for the people (players) and experiences in your life movie.

___ Thank you _____ for the part you played in this experience, which has lead to an (_____) expansion in my awareness.

5. State new awareness to operate from!

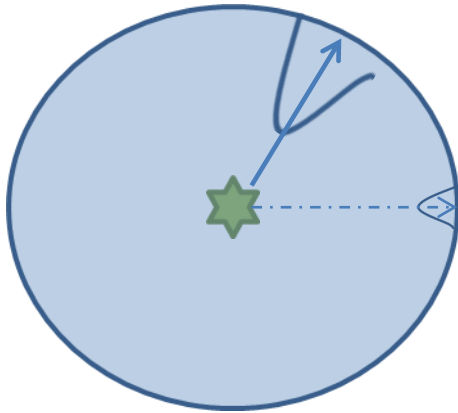
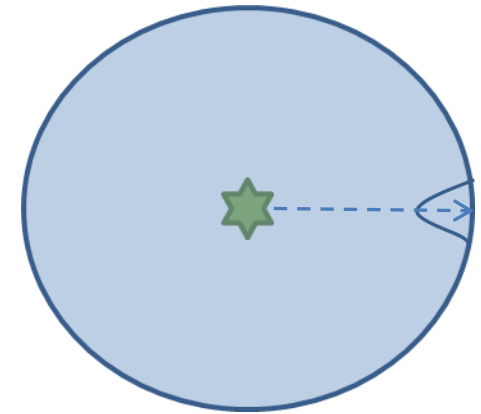
___ Receiving is just as good as giving. ___ It is not my duty/job to take care of others unless I want to or am so inclined to do with love and excitement in my heart instead of duty (I Have To do it), which only leads to resentment.

Layers of Tapping



Act of Creating

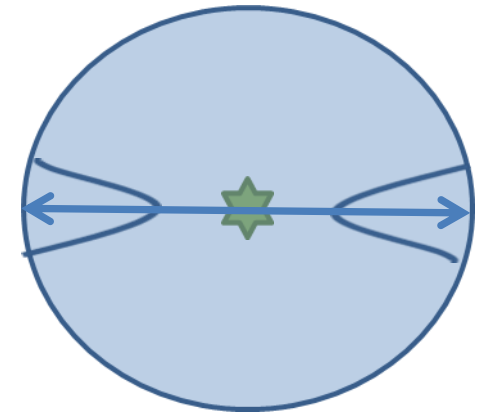
Emotional or Physical Clearing
Frees you up a bit.



AH-HA

It can be like reeling in a big fish!

TEST
Always from inside NOT outside!!

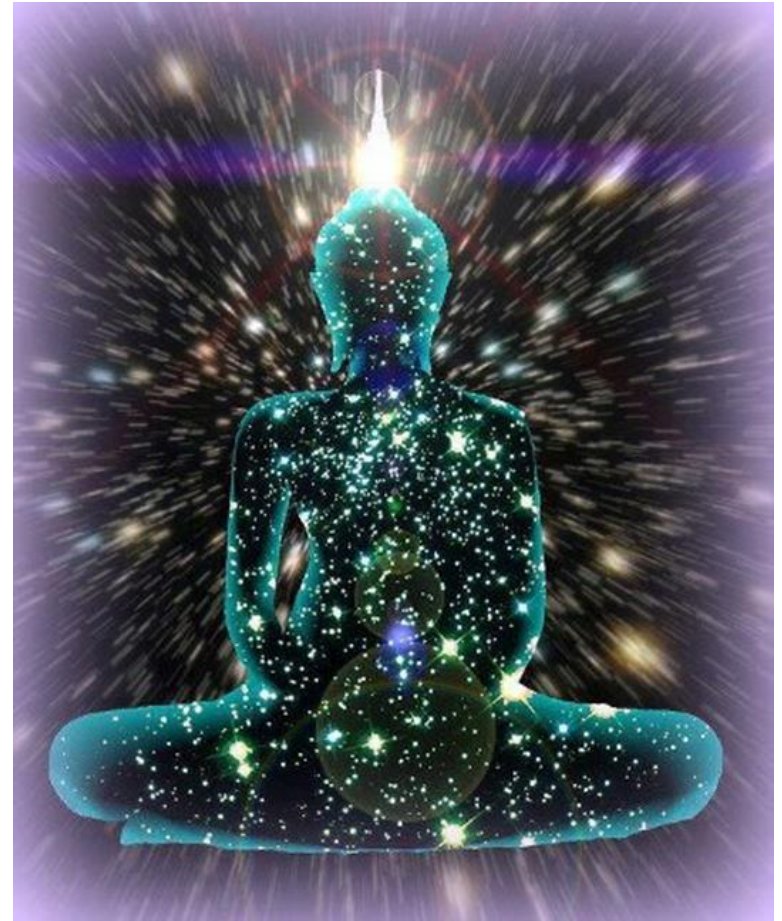


I-Max Hollow-Gram

Hyperdimensional Self



Hologram



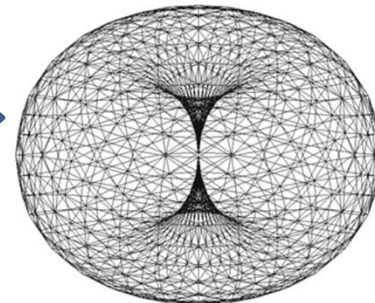
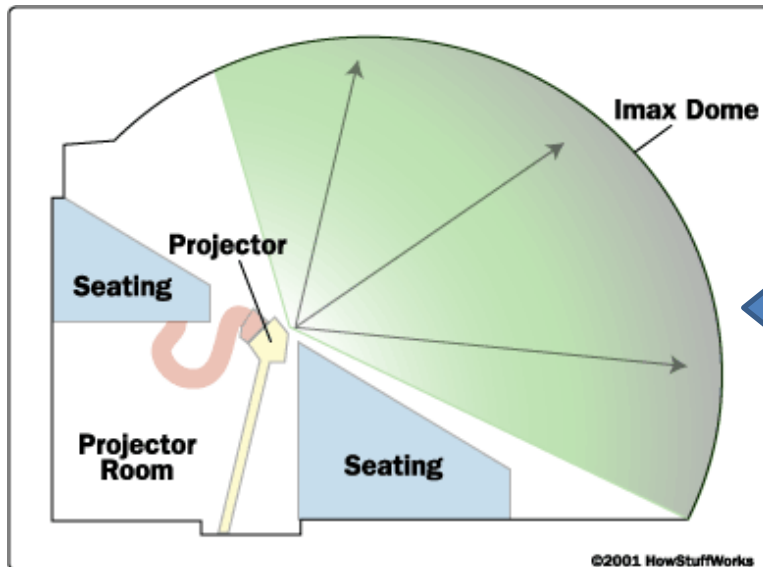
What if we aren't looking at a Hollow-Gram but actually part of it?

I-Max Hollow-Gram

You could say that the great I-MAX in the sky is beaming out into the Multi-Verse/Hollow-Gram a myriad of experiences to be had.

The Theatre (the Uni-VERSE) we are in is a Hollow-Gram itself, which means everything in it is part of the Hollow-Gram.

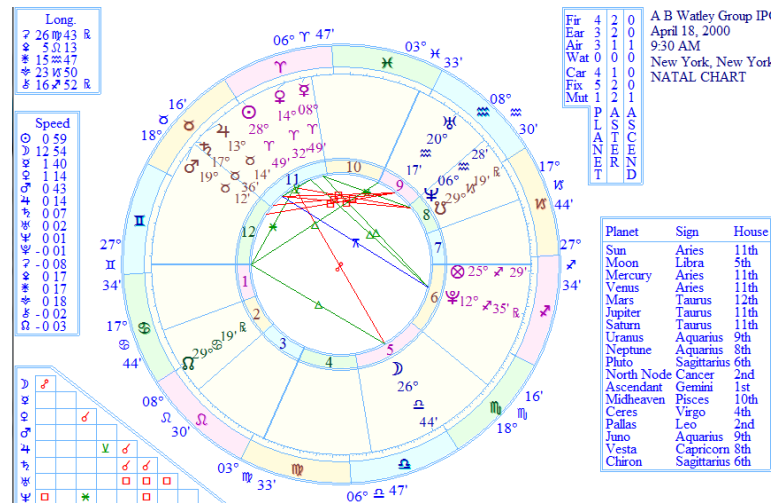
We are both the audience each with our own individual I (eye-max) aka Higher-Self with its own perspective to watch and experience the Multi-VERSE with, and the actors (the individual personalities) playing and experiencing so called reality.



Astrology Proves You are Finite

Do you believe in reincarnation?

Who you are now is partly outlined by your Astrology inFORMATION.

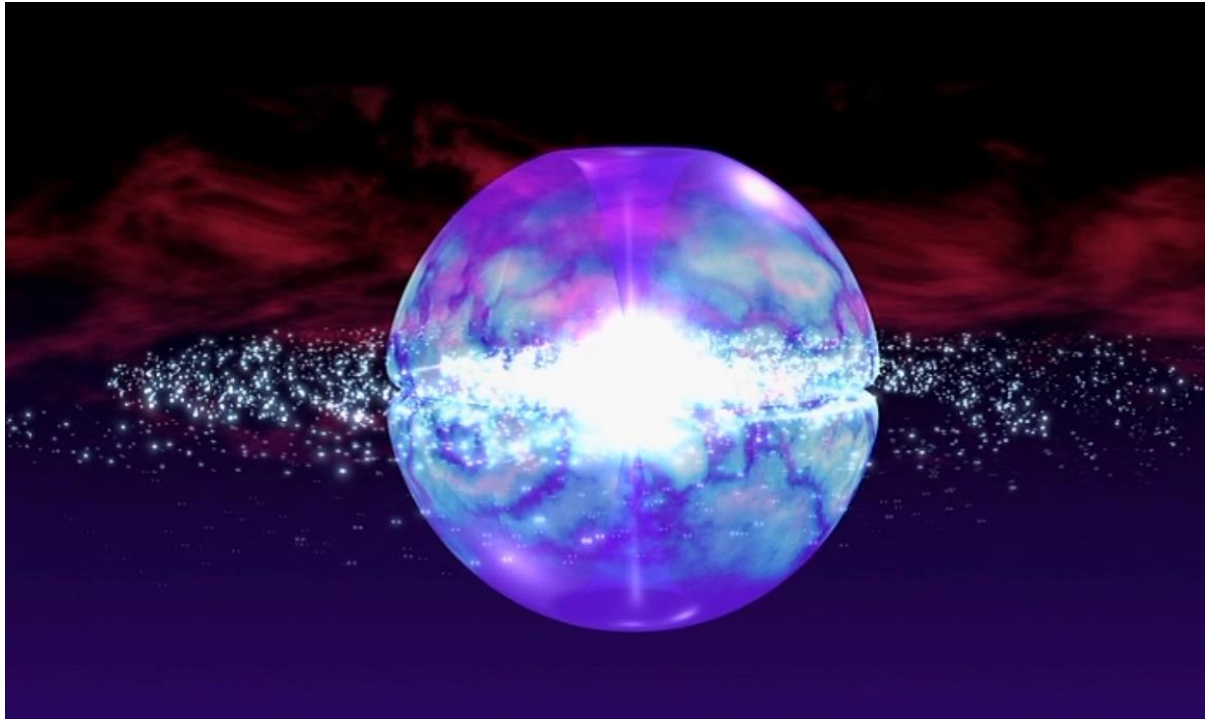


Do you believe you can come back as a man or a women?

Every time someone is born their Natal Astrology inFORMATION changes., which means a whole new set of strengths, weakness, likes and preferences.

So what of you has been carried forward from past lives, and what of you now will be carried forward?

What is IT?



Solar System

What you know for sure - about what you are sure you know is true-about
what you are that is true