FRED

HEART CENTRIC HOLYdays

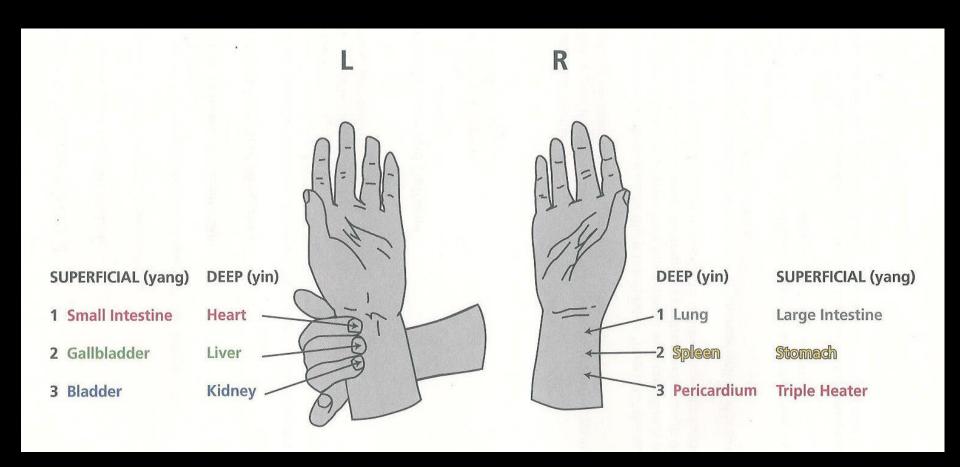
Katherine Lott, LMT

6

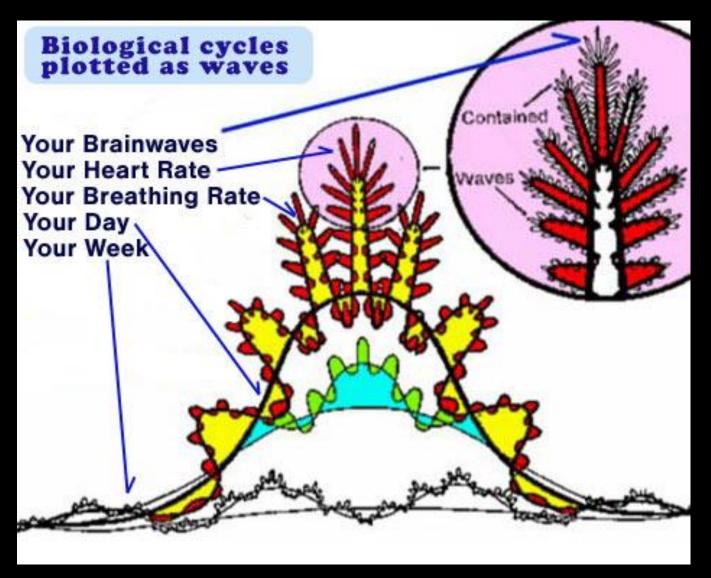
Jon Tomas Whatley, LMT

www.DivineSourceCode.com

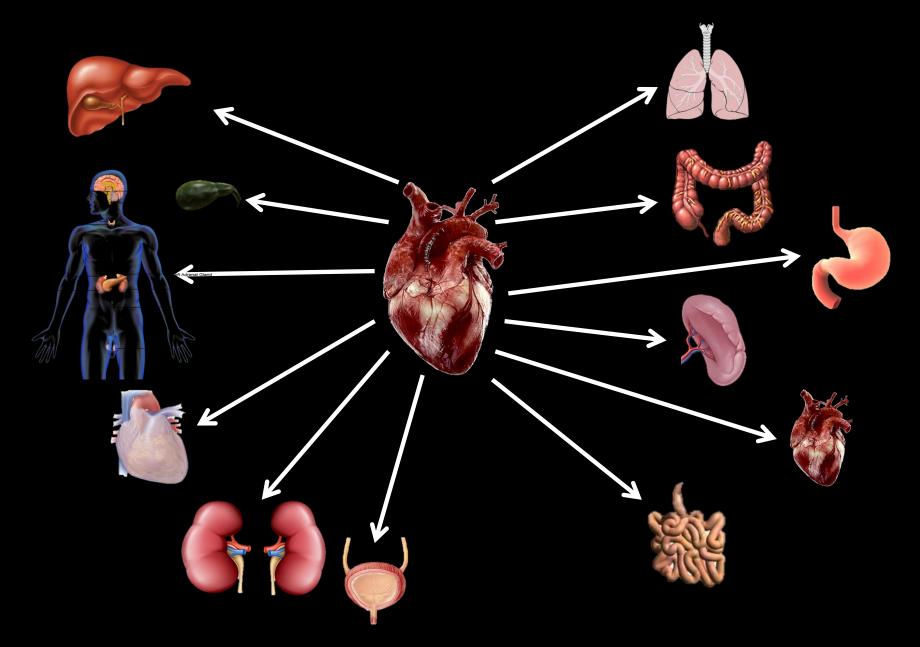
Pulse Points

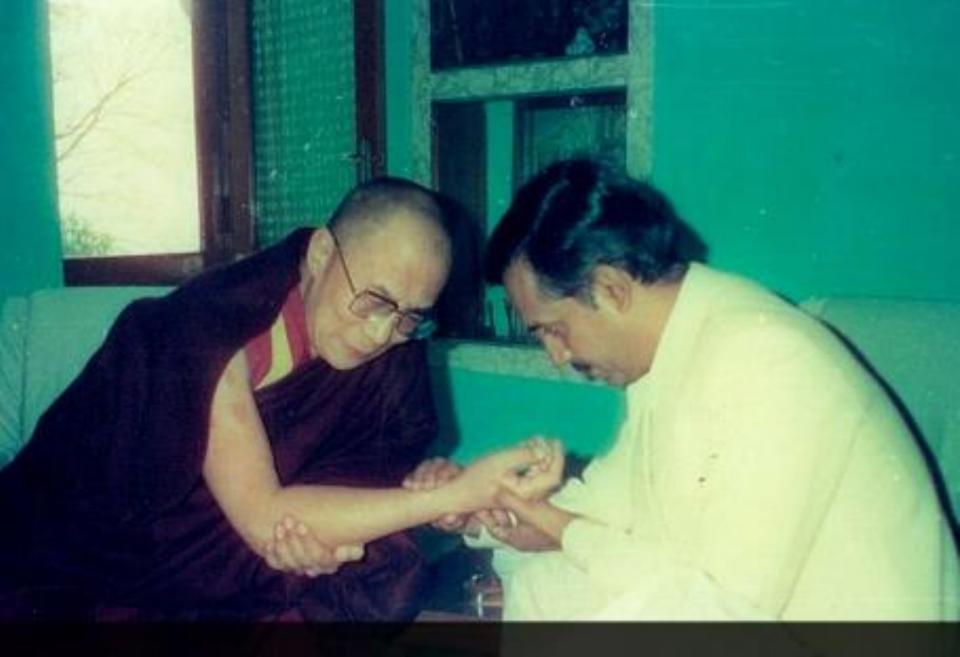


The Heart of the matter!



One Beat = Orchestra





Master Healer Pankaj Naram Pulse Healing with His Holiness the Dalai Lama

PAIN – Messenger of the Mind/Consciousness

PAIN: MY BODY HATES ME

The body is our friend, and is always trying to help by guiding us. Most people view their pain as the body not working like it should, or that the body is our enemy. The truth is that every pain we have is a symptom of something happening on a deeper level.

SYMPTOM, SYMPTOM

Pain or illness is always just the tip of the iceberg. If we focus only on what we are experiencing, physically, it is like focusing only on the tip of an iceberg and missing what is underneath it. The real cause of the problem is below the surface and is much bigger than any pain or discomfort we may experience from time to time.

As far as health goes, the things we are unaware of are what kill us in the end. We need to be brave enough to dive into the depths of ourselves to seek the truth.



When the Titanic sank it wasn't the part of the iceberg above the water that ripped open the hull of the ship but the large, unseen mass under the water.



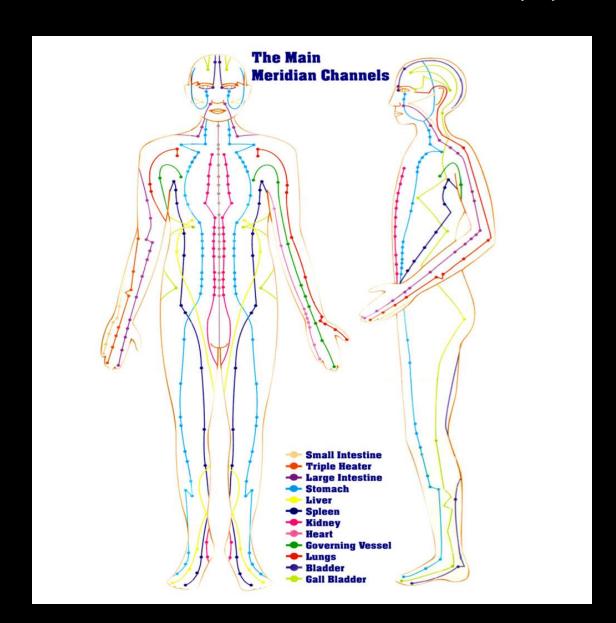
MAGI of Epiphany



Baby Jesus

CHRS mass

Meridian Tapping

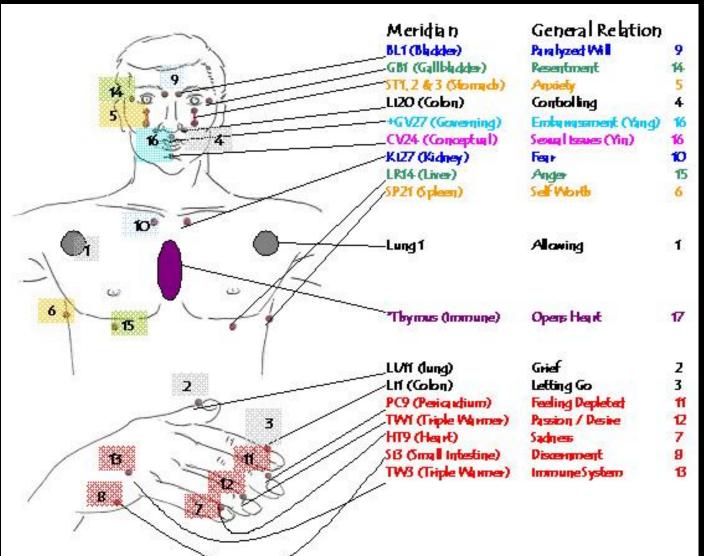








Meridian Tapping

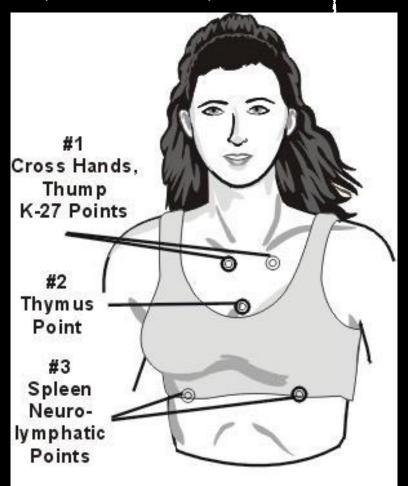








Three Thumps



For each step: tap, thump, or rub the points and breath in through the nose & out through the mouth for about 20 seconds.

Conscious Heart Language

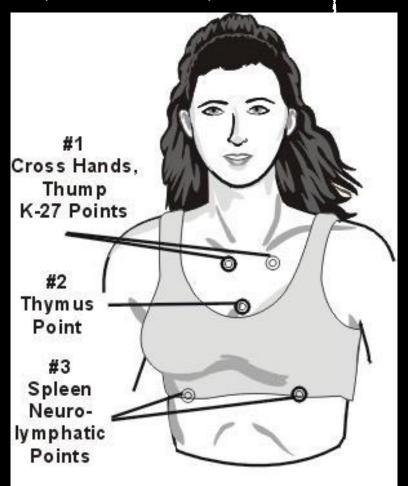


Impeccable with Inner and Outer Dialogue

Upgrading Your Language

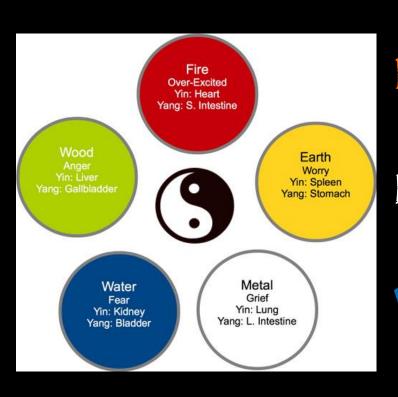
AM Will Choose

Three Thumps



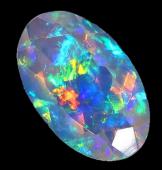
For each step: tap, thump, or rub the points and breath in through the nose & out through the mouth for about 20 seconds.

5 Element Emotions

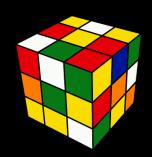


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Fire - SADNESS
     Pinky Finger - Heart
Karata Chop - Small Intestine
Earth - WORRY
      Under Eyes - Stomach
      Under Armpit - Spleen
Metal-GRIEF
      Thumb - Lungs
      Index Finger - Colon
Water-FEAR
      Bridge of Nose - Bladder
      Collarbone - Kidney
Wood-FRUSTRATION/ANGER
      Outside of Eyes - Gall Bladder
      Lower Ribcage - Liver
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SOUL-LANGUAGE CLASS



January 13th thru 15th \$125



12 CEUs for Texas Massage Therapist

Physicians look at what the physical body has to say, while psychologist dive into what the mind and heart are saying and clergy focus on hearing Spirit. True and lasting physical health, mental and emotional peace and a spirit filled life can only be achieved through looking at and addressing the whole being...not just its individual facets.

There is a unifying language of the Body, the Heart, the Mind and the Spirit. What we call Soul-Language. It is a language that can be learned. By knowing this Soul-Language...your Soul's Language, something as seemingly unimportant as a cut on one's index finger contains volumes of information that when known can unlock unconscious mental, emotional, energetic and spiritual patterns, limitations, perceptions, judgments, beliefs and expectations. One's mental and emotional limitations are reflected in the body. They are in fact the body. Once you know what your body is telling you, you can address and clear the issues freeing you to have the body, life and world you desire.

We are made of the same Star Stuff, we are all warmed by the same Sun, we all walk on the same Earth, we all breathe the same Air, we all drink the same Water and we are all feed by the same Planet.

Where when you are in that place in you and am in that place in me WE ARE ONE!

NAMASTE

FRED